



# Jan Van Ysslestyne

## Skeptiko 395



### Skeptiko Topics:

Consciousness Science

Parapsychology

Near-Death Experience

Spirituality

Skeptics/Skepticism

Psi

Psychics & Mediums

Atheism

UFO

Neuroscience

Conspiracy Theories

Contactee Experience

OBE

1  
00:00:19,880 --> 00:00:13,850  
these are the drums Hashanah and if you

2  
00:00:33,319 --> 00:00:19,890  
find yourself falling into a trance well

3  
00:00:37,810 --> 00:00:33,329  
that's the whole idea because for the

4  
00:00:52,970 --> 00:00:37,820  
auction people of far eastern Siberia

5  
00:00:55,310 --> 00:00:52,980  
everything is alive with spirit and no

6  
00:00:59,599 --> 00:00:55,320  
one has studied the olcha more than our

7  
00:01:01,849 --> 00:00:59,609  
guest today Jan and Isis town she's

8  
00:01:05,509 --> 00:01:01,859  
written the beautiful five hundred page

9  
00:01:09,950 --> 00:01:05,519  
book called spirits from the edge of the

10  
00:01:13,750 --> 00:01:09,960  
world it's all about the Altai and their

11  
00:01:18,170 --> 00:01:13,760  
amazing ability to channel spirits and

12  
00:01:21,499 --> 00:01:18,180  
mind-blowing ways such as this how are

13  
00:01:23,780 --> 00:01:21,509

these people able to be the way they are

14

00:01:26,570 --> 00:01:23,790

in the world you're in a house with them

15

00:01:28,280 --> 00:01:26,580

and things start flying around cups and

16

00:01:30,950 --> 00:01:28,290

saucers that will fly around in the

17

00:01:34,069 --> 00:01:30,960

house or lights get exploded you're out

18

00:01:34,670 --> 00:01:34,079

with them in nature and things start to

19

00:01:37,429 --> 00:01:34,680

happen

20

00:01:40,069 --> 00:01:37,439

you know they animals wild animals come

21

00:01:42,530 --> 00:01:40,079

up to you or you're downstairs in a

22

00:01:44,690 --> 00:01:42,540

sealed room and and they're talking

23

00:01:46,280 --> 00:01:44,700

about the north wind and everything is

24

00:01:48,679 --> 00:01:46,290

sealed and locked and suddenly there's a

25

00:01:52,149 --> 00:01:48,689

wind in the middle of the room I don't

26

00:01:55,160 --> 00:01:52,159

know how I'm still in the house that day

27

00:01:57,950 --> 00:01:55,170

so of course the natural question for

28

00:02:00,649 --> 00:01:57,960

Jan okay well then where's your [h\_\_h]

29

00:02:02,990 --> 00:02:00,659

iPhone where's your iPhone ulti I'm

30

00:02:05,359 --> 00:02:03,000

being crude but you get the point if

31

00:02:08,089 --> 00:02:05,369

it's about going to these extended

32

00:02:11,150 --> 00:02:08,099

realms to make your life better or to

33

00:02:13,050 --> 00:02:11,160

help your people or to help them pass to

34

00:02:15,809 --> 00:02:13,060

this journey to the next

35

00:02:19,350 --> 00:02:15,819

to the underworld or to avoid negative

36

00:02:21,030 --> 00:02:19,360

people well then yeah I'm doing the same

37

00:02:24,660 --> 00:02:21,040

thing I do it on my iPhone where's your

38

00:02:28,140 --> 00:02:24,670

iPhone stick around for a great chat

39

00:02:30,360 --> 00:02:28,150

with a great guest my new friend Jan van

40

00:02:33,930 --> 00:02:30,370

ISIL Stein who's written a terrific book

41

00:02:37,470 --> 00:02:33,940

and isn't afraid to stand up to tough

42

00:02:39,960 --> 00:02:37,480

questioning that drives at the bigger

43

00:02:43,910 --> 00:02:39,970

questions the deeper questions of

44

00:02:47,130 --> 00:02:43,920

shamanism and how it connects with this

45

00:02:54,780 --> 00:02:47,140

extended consciousness that we keep

46

00:03:04,540 --> 00:02:54,790

running into all that and so so much

47

00:03:04,550 --> 00:03:11,839

[Music]

48

00:03:17,520 --> 00:03:14,940

today we welcome Jan van isil's dying to

49

00:03:21,089 --> 00:03:17,530

sceptical Jan has written a very

50

00:03:24,149 --> 00:03:21,099

impressive new book titled spirits from

51  
00:03:25,910 --> 00:03:24,159  
the edge of the world and she's here to

52  
00:03:29,670 --> 00:03:25,920  
join me in a conversation about

53  
00:03:30,360 --> 00:03:29,680  
shamanism and all sorts of related good

54  
00:03:34,289 --> 00:03:30,370  
stuff

55  
00:03:36,360 --> 00:03:34,299  
Jan we're doing a take to of this

56  
00:03:39,839 --> 00:03:36,370  
interview we did a little audio change

57  
00:03:42,539 --> 00:03:39,849  
here but thanks again so much for

58  
00:03:44,879 --> 00:03:42,549  
joining me on skeptic oh thank you so

59  
00:03:47,069 --> 00:03:44,889  
very much it's a pleasure to be here so

60  
00:03:48,360 --> 00:03:47,079  
this is a repeat but we're gonna try and

61  
00:03:49,770 --> 00:03:48,370  
get right back into it because we

62  
00:03:53,429 --> 00:03:49,780  
started a few minutes ago now we're

63  
00:03:56,039 --> 00:03:53,439

doing the audio again this is a really

64

00:03:59,129 --> 00:03:56,049

interesting topic and you were so

65

00:04:00,720 --> 00:03:59,139

generous to contact me and you've

66

00:04:01,979 --> 00:04:00,730

listened to the show skeptical so you

67

00:04:04,199 --> 00:04:01,989

know what it's a little bit about and

68

00:04:07,470 --> 00:04:04,209

you said Alex I think we should talk

69

00:04:10,470 --> 00:04:07,480

about this amazing work I've done with

70

00:04:14,729 --> 00:04:10,480

these group of people these native

71

00:04:17,909 --> 00:04:14,739

people in this remote area of Siberia

72

00:04:19,890 --> 00:04:17,919

and they're the Ulchi people and as we

73

00:04:23,149 --> 00:04:19,900

were just chatting on a limited ago they

74

00:04:25,200 --> 00:04:23,159

are really the original shamanistic

75

00:04:27,810 --> 00:04:25,210

culture that is where the name the

76  
00:04:30,060 --> 00:04:27,820  
origin of the word shamanism comes from

77  
00:04:34,670 --> 00:04:30,070  
is these in the surrounding culture

78  
00:04:37,350 --> 00:04:34,680  
right correct yes so you've done this

79  
00:04:39,320 --> 00:04:37,360  
incredible deep dive into their work and

80  
00:04:42,810 --> 00:04:39,330  
I have to tell people that the book is

81  
00:04:44,100 --> 00:04:42,820  
really great very well-written nicely

82  
00:04:46,830 --> 00:04:44,110  
compiled and then I go to your website

83  
00:04:50,149 --> 00:04:46,840  
it's absolutely beautiful you have these

84  
00:04:52,950 --> 00:04:50,159  
beautiful infographics with all these

85  
00:04:54,600 --> 00:04:52,960  
teachers from the tribe and you have

86  
00:04:56,939 --> 00:04:54,610  
them laid out and their lineage and you

87  
00:05:00,779 --> 00:04:56,949  
have some great audio and video that

88  
00:05:04,580 --> 00:05:00,789

you've collected so I guess the place to

89

00:05:09,330 --> 00:05:04,590

start again is to give folks a sense of

90

00:05:11,610 --> 00:05:09,340

how you came to study these people and

91

00:05:13,350 --> 00:05:11,620

what was the process like and you just

92

00:05:16,200 --> 00:05:13,360

told me it's taken you a number of years

93

00:05:18,990 --> 00:05:16,210

you've had these folks come and visit

94

00:05:21,240 --> 00:05:19,000

you for over ten years and you've

95

00:05:23,940 --> 00:05:21,250

learned their language and tell us the

96

00:05:26,880 --> 00:05:23,950

whole story if you would okay this

97

00:05:28,500 --> 00:05:26,890

all of the Soviet empire people are in

98

00:05:31,590 --> 00:05:28,510

Russia are allowed to have their own

99

00:05:34,590 --> 00:05:31,600

passports a gentleman named Victor

100

00:05:37,200 --> 00:05:34,600

Bondarenko who had lived in that area

101  
00:05:40,200 --> 00:05:37,210  
his whole life comes to the United

102  
00:05:43,620 --> 00:05:40,210  
States I owned a bookstore and gallery

103  
00:05:47,220 --> 00:05:43,630  
at that time he comes into my bookstore

104  
00:05:49,650 --> 00:05:47,230  
he wants to give a lecture for three

105  
00:05:52,020 --> 00:05:49,660  
nights on these people that he has

106  
00:05:55,530 --> 00:05:52,030  
worked with and he talked to me a little

107  
00:05:56,760 --> 00:05:55,540  
bit about it and I thought okay I never

108  
00:06:00,180 --> 00:05:56,770  
heard of these people

109  
00:06:02,850 --> 00:06:00,190  
okay sure Victor will set up a forum for

110  
00:06:04,560 --> 00:06:02,860  
you he comes into my bookstore and for

111  
00:06:08,130 --> 00:06:04,570  
three nights he talks about these

112  
00:06:10,920 --> 00:06:08,140  
cultures and I am just elated I'm

113  
00:06:14,130 --> 00:06:10,930

gobsmacked I'm thinking who are these

114

00:06:17,130 --> 00:06:14,140

people these are amazing the old Qing

115

00:06:19,950 --> 00:06:17,140

okay the ulti and and also the Nanai

116

00:06:22,560 --> 00:06:19,960

people he he worked with both cultures

117

00:06:26,130 --> 00:06:22,570

so I asked Victor I said hey Victor when

118

00:06:28,200 --> 00:06:26,140

you go back home would you see if the

119

00:06:30,360 --> 00:06:28,210

people themselves would be interested in

120

00:06:32,880 --> 00:06:30,370

coming to the United States they had

121

00:06:34,410 --> 00:06:32,890

never left their villages I mean I mean

122

00:06:36,570 --> 00:06:34,420

again explain Jan because we were just

123

00:06:39,740 --> 00:06:36,580

chatting two minute ago this is a remote

124

00:06:42,030 --> 00:06:39,750

remote remote area kind of off the

125

00:06:43,500 --> 00:06:42,040

Korean Peninsula close to the Korean

126  
00:06:45,390 --> 00:06:43,510  
Peninsula if we want to give people a

127  
00:06:48,720 --> 00:06:45,400  
geographical sense I actually even

128  
00:06:52,800 --> 00:06:48,730  
further north across from Sakhalin

129  
00:06:55,680 --> 00:06:52,810  
Island close to the Hokkaido which is

130  
00:06:57,840 --> 00:06:55,690  
the northernmost Island Japan chain so

131  
00:07:00,030 --> 00:06:57,850  
there that farm yeah yeah right right I

132  
00:07:02,460 --> 00:07:00,040  
was just trying to reference it in a way

133  
00:07:05,430 --> 00:07:02,470  
that people right understand but no III

134  
00:07:08,760 --> 00:07:05,440  
appreciate what you're saying so he's

135  
00:07:10,530 --> 00:07:08,770  
giving this lecture what was his what

136  
00:07:12,210 --> 00:07:10,540  
had he done with these people why was he

137  
00:07:14,010 --> 00:07:12,220  
interested in him and then why were you

138  
00:07:17,580 --> 00:07:14,020

interested in this were you interested

139

00:07:19,380 --> 00:07:17,590

in shamanism were you interested in you

140

00:07:22,440 --> 00:07:19,390

know kind of these kind of practices

141

00:07:26,790 --> 00:07:22,450

from a from applying them standpoint

142

00:07:30,810 --> 00:07:26,800

what what drew you in well he he was he

143

00:07:34,170 --> 00:07:30,820

is a trained musician and he was going

144

00:07:36,890 --> 00:07:34,180

up and down more River region he fell in

145

00:07:38,060 --> 00:07:36,900

love with the people and he started acts

146

00:07:40,610 --> 00:07:38,070

because they don't have a written

147

00:07:42,200 --> 00:07:40,620

language he started recording their

148

00:07:45,080 --> 00:07:42,210

ancient melodies and their and their

149

00:07:47,629 --> 00:07:45,090

ancient songs and writing them down so

150

00:07:50,450 --> 00:07:47,639

they wouldn't be lost and so that was

151

00:07:52,760 --> 00:07:50,460

his connection to them and then when he

152

00:07:57,080 --> 00:07:52,770

came here and he talked about these

153

00:07:58,879 --> 00:07:57,090

remarkable people I just thought if if

154

00:08:04,340 --> 00:07:58,889

we could get them here to the United

155

00:08:06,770 --> 00:08:04,350

States it would be an amazing event for

156

00:08:10,670 --> 00:08:06,780

for people to come and really meet these

157

00:08:15,200 --> 00:08:10,680

people and see them and learn from them

158

00:08:19,460 --> 00:08:15,210

I had no interest in shamanism before he

159

00:08:22,010 --> 00:08:19,470

came to my book store and so after that

160

00:08:26,150 --> 00:08:22,020

happened they started coming to the

161

00:08:29,240 --> 00:08:26,160

United States for 25 years sometimes two

162

00:08:32,540 --> 00:08:29,250

and three times a year to give lectures

163

00:08:33,980 --> 00:08:32,550

and talk to people what was that like at

164

00:08:36,890 --> 00:08:33,990

the beginning and what would they come

165

00:08:39,560 --> 00:08:36,900

and talk about their culture what they

166

00:08:42,469 --> 00:08:39,570

believed in they would come and talk

167

00:08:44,209 --> 00:08:42,479

about if people asked he'd they would

168

00:08:45,920 --> 00:08:44,219

talk to them about ETS

169

00:08:48,860 --> 00:08:45,930

they would talk to them about their

170

00:08:51,140 --> 00:08:48,870

ancient petroglyphs the rock art they

171

00:08:55,070 --> 00:08:51,150

would talk to them about how they

172

00:08:57,680 --> 00:08:55,080

perceive reality what shamanism is and

173

00:09:00,260 --> 00:08:57,690

what shamanism isn't especially when

174

00:09:03,980 --> 00:09:00,270

they came to be introduced to the way

175

00:09:07,610 --> 00:09:03,990

shamanism is being portrayed especially

176

00:09:09,800 --> 00:09:07,620

here in the West and so they just came

177

00:09:12,079 --> 00:09:09,810

and answered people's questions they

178

00:09:14,390 --> 00:09:12,089

never actually you know they these

179

00:09:17,090 --> 00:09:14,400

people never stand up at a podium and

180

00:09:20,300 --> 00:09:17,100

give a lecture they just will arrive in

181

00:09:23,480 --> 00:09:20,310

a place and they'll say okay what do you

182

00:09:26,000 --> 00:09:23,490

want to ask and that was hard

183

00:09:28,910 --> 00:09:26,010

initially for Western audiences because

184

00:09:32,390 --> 00:09:28,920

Western audiences are used to going in

185

00:09:34,370 --> 00:09:32,400

and having their little notepad or their

186

00:09:36,470 --> 00:09:34,380

their little recorder on and waiting for

187

00:09:39,829 --> 00:09:36,480

the lecture to happen and be very

188

00:09:42,230 --> 00:09:39,839

passive but it wasn't a monologue on

189

00:09:45,590 --> 00:09:42,240

their part it was a dialogue with with

190

00:09:49,010 --> 00:09:45,600

people so you had to ask questions and

191

00:09:50,050 --> 00:09:49,020

they would answer the best they could so

192

00:09:52,690 --> 00:09:50,060

your

193

00:09:55,900 --> 00:09:52,700

book is a compilation of all the things

194

00:09:57,430 --> 00:09:55,910

that you learned what are some of the

195

00:09:58,870 --> 00:09:57,440

highlights you just teased a couple of

196

00:10:01,450 --> 00:09:58,880

great things that you know I'm gonna ask

197

00:10:03,610 --> 00:10:01,460

you about the et thing but let's start

198

00:10:05,830 --> 00:10:03,620

with the the shaman thing since you just

199

00:10:10,240 --> 00:10:05,840

mentioned it what did they feel a need

200

00:10:12,520 --> 00:10:10,250

to clear up in terms of what Westerners

201  
00:10:14,500 --> 00:10:12,530  
think about shamanism versus what they

202  
00:10:17,620 --> 00:10:14,510  
think about shop what what is their

203  
00:10:20,170 --> 00:10:17,630  
understanding of their practice their

204  
00:10:22,240 --> 00:10:20,180  
shamanistic practice but it's not even

205  
00:10:25,840 --> 00:10:22,250  
for them it's not even a practice it's

206  
00:10:28,000 --> 00:10:25,850  
something that's natural it's something

207  
00:10:31,450 --> 00:10:28,010  
they're it's not about techniques it has

208  
00:10:34,570 --> 00:10:31,460  
nothing to do with techniques okay but

209  
00:10:36,400 --> 00:10:34,580  
it is about I mean one very early on in

210  
00:10:38,440 --> 00:10:36,410  
the book and this is interesting visa

211  
00:10:42,040 --> 00:10:38,450  
vie what you just said is there's this

212  
00:10:44,200 --> 00:10:42,050  
hidden knowledge there's this secret

213  
00:10:45,940 --> 00:10:44,210

knowledge that is only passed on like

214

00:10:48,520 --> 00:10:45,950

right at the beginning of the book you

215

00:10:50,770 --> 00:10:48,530

say you know the grandmother whatever

216

00:10:52,090 --> 00:10:50,780

says hey I learned it in ten years I

217

00:10:53,440 --> 00:10:52,100

thought I knew something but I didn't

218

00:10:55,750 --> 00:10:53,450

really know anything and then 20 years

219

00:10:58,180 --> 00:10:55,760

later you know right when they're about

220

00:11:00,240 --> 00:10:58,190

to die they go okay kid come on in now

221

00:11:04,270 --> 00:11:00,250

I'll tell you the real story right so

222

00:11:07,150 --> 00:11:04,280

there is you know it's a way of life but

223

00:11:08,830 --> 00:11:07,160

it's also like hey everyone knows this

224

00:11:10,440 --> 00:11:08,840

but let me tell you what's really going

225

00:11:14,230 --> 00:11:10,450

on things you know

226

00:11:17,350 --> 00:11:14,240

well I you know first of all there's no

227

00:11:20,740 --> 00:11:17,360

shaman school so they believe that the

228

00:11:24,340 --> 00:11:20,750

only way the skill or the art is given

229

00:11:27,280 --> 00:11:24,350

to you if it's by the spirits you don't

230

00:11:28,840 --> 00:11:27,290

go to a teacher now if there are elders

231

00:11:31,630 --> 00:11:28,850

shamans around there are people that

232

00:11:34,900 --> 00:11:31,640

have been doing the art for a long long

233

00:11:38,670 --> 00:11:34,910

long time you go to them as colleagues

234

00:11:43,240 --> 00:11:38,680

if you if you get confused or you are

235

00:11:45,580 --> 00:11:43,250

having some events happening to you

236

00:11:47,530 --> 00:11:45,590

while you're in the other world they

237

00:11:51,670 --> 00:11:47,540

might give you a few hints they might

238

00:11:55,060 --> 00:11:51,680

give you some ideas how to correct that

239

00:11:57,280 --> 00:11:55,070

but they always say you ultimately need

240

00:12:00,430 --> 00:11:57,290

to listen to your spirits your spirits

241

00:12:02,639 --> 00:12:00,440

will teach you so there's first of all

242

00:12:05,970 --> 00:12:02,649

there is no school and

243

00:12:07,730 --> 00:12:05,980

the very end of shamans life when

244

00:12:12,179 --> 00:12:07,740

they're willing to pass on some

245

00:12:17,600 --> 00:12:12,189

information to a colleague say that is

246

00:12:20,850 --> 00:12:17,610

still alive or maybe halfway in in their

247

00:12:23,519 --> 00:12:20,860

developmental stage of the work you know

248

00:12:26,609 --> 00:12:23,529

I haven't I have no idea I have no idea

249

00:12:29,910 --> 00:12:26,619

what they what they pass on I I think

250

00:12:30,480 --> 00:12:29,920

they leave you with more questions than

251

00:12:32,819 --> 00:12:30,490

answers

252

00:12:39,269 --> 00:12:32,829

you know they what they'll do is they'll

253

00:12:42,470 --> 00:12:39,279

give you perhaps a map of the territory

254

00:12:45,809 --> 00:12:42,480

but once again will as we all well know

255

00:12:47,249 --> 00:12:45,819

the map is not the territory you have to

256

00:12:49,019 --> 00:12:47,259

go and explore it yourself

257

00:12:51,900 --> 00:12:49,029

so so look at they'll give you some

258

00:12:53,910 --> 00:12:51,910

hints and some ideas and let's try this

259

00:12:56,669 --> 00:12:53,920

out and try that out you might look for

260

00:13:00,329 --> 00:12:56,679

this and when you see that and and

261

00:13:03,720 --> 00:13:00,339

that's that so again let's frame this up

262

00:13:06,780 --> 00:13:03,730

from big picture stamp okay they are

263

00:13:09,090 --> 00:13:06,790

connecting with this extended

264

00:13:13,230 --> 00:13:09,100

consciousness world this world of the

265

00:13:17,759 --> 00:13:13,240

spirits right well yes they they believe

266

00:13:20,999 --> 00:13:17,769

that reality is relational and it all

267

00:13:23,519 --> 00:13:21,009

goes back to their idea of the guest

268

00:13:26,879 --> 00:13:23,529

host relationship or what they call in

269

00:13:30,419 --> 00:13:26,889

Greek musi Nia but you find the guest

270

00:13:32,639 --> 00:13:30,429

host idea in many cultures they believe

271

00:13:37,340 --> 00:13:32,649

first of all that we're not outside of

272

00:13:41,759 --> 00:13:37,350

nature they believe that we're always in

273

00:13:44,850 --> 00:13:41,769

direct conversation with spirits or

274

00:13:48,230 --> 00:13:44,860

other things that are surrounding us the

275

00:13:52,049 --> 00:13:48,240

consciousness is like a big radio dial

276

00:13:55,230 --> 00:13:52,059

okay and you've got the baseball station

277

00:13:57,119 --> 00:13:55,240

here and you've got the NPR station here

278

00:13:59,509 --> 00:13:57,129

and you've got the classical station

279

00:14:03,480 --> 00:13:59,519

here and it's all going on

280

00:14:05,759 --> 00:14:03,490

simultaneously but it's all relational

281

00:14:09,809 --> 00:14:05,769

it's like you're you're just sort of

282

00:14:12,449 --> 00:14:09,819

tuning in to different frequencies of

283

00:14:15,329 --> 00:14:12,459

consciousness let me just give you an

284

00:14:16,050 --> 00:14:15,339

interesting example intuition they do

285

00:14:19,740 --> 00:14:16,060

not

286

00:14:22,320 --> 00:14:19,750

that people have intuition in the way

287

00:14:24,720 --> 00:14:22,330

that the West thinks of intuition they

288

00:14:27,120 --> 00:14:24,730

don't believe that it's self generated

289

00:14:29,070 --> 00:14:27,130

so if you're sitting around and you're

290

00:14:32,250 --> 00:14:29,080

thinking of your mom or you're thinking

291

00:14:34,290 --> 00:14:32,260

of your cousin or a friend and the phone

292

00:14:37,080 --> 00:14:34,300

rings and it's that person on the other

293

00:14:39,390 --> 00:14:37,090

end of the phone in the West they would

294

00:14:41,370 --> 00:14:39,400

possibly describe that oh you have you

295

00:14:44,310 --> 00:14:41,380

had an intuition that that person was

296

00:14:46,680 --> 00:14:44,320

going to call you they would say oh no

297

00:14:48,990 --> 00:14:46,690

no that it doesn't work that way they

298

00:14:51,720 --> 00:14:49,000

would say your spirits came to you and

299

00:14:54,360 --> 00:14:51,730

said hey your your your mom's just about

300

00:14:57,800 --> 00:14:54,370

to call you so get ready so it's all

301

00:15:01,170 --> 00:14:57,810

relational you intuition is not a

302

00:15:03,630 --> 00:15:01,180

self-generated process but it's always

303

00:15:04,190 --> 00:15:03,640

in direct conversation with something

304

00:15:08,640 --> 00:15:04,200

else

305

00:15:09,780 --> 00:15:08,650

so that really gets to the big question

306

00:15:11,370 --> 00:15:09,790

that I have in the main thing that I

307

00:15:12,960 --> 00:15:11,380

wanted to talk about because I don't

308

00:15:15,990 --> 00:15:12,970

care about the LG I'm never gonna meet

309

00:15:19,110 --> 00:15:16,000

the LG and I care only in the sense of

310

00:15:21,120 --> 00:15:19,120

what they can inform in terms of all my

311

00:15:26,010 --> 00:15:21,130

other kind of things and all these

312

00:15:29,760 --> 00:15:26,020

competing ideas we have about this

313

00:15:32,130 --> 00:15:29,770

extended consciousness reality right so

314

00:15:35,070 --> 00:15:32,140

the ult's you say one thing the indie

315

00:15:37,710 --> 00:15:35,080

ears say another thing the et says

316

00:15:39,900 --> 00:15:37,720

another thing the astral travelers say

317

00:15:43,290 --> 00:15:39,910

another thing I mean are we looking at

318

00:15:45,060 --> 00:15:43,300

just a different cultural overlay you

319

00:15:48,390 --> 00:15:45,070

know it's the map versus the territory

320

00:15:53,460 --> 00:15:48,400

thing how do we figure that out well I I

321

00:15:55,800 --> 00:15:53,470

don't think so my concern my concern

322

00:15:58,380 --> 00:15:55,810

with a lot of people that go

323

00:16:00,390 --> 00:15:58,390

specifically into this field is that

324

00:16:02,790 --> 00:16:00,400

they go you know they don't gather up

325

00:16:04,860 --> 00:16:02,800

all this data and they come back and

326

00:16:07,820 --> 00:16:04,870

they translate what they think that

327

00:16:11,480 --> 00:16:07,830

they've observed from a very mechanistic

328

00:16:15,120 --> 00:16:11,490

linear reductionistic Western approach

329

00:16:16,760 --> 00:16:15,130

okay I and I think that's kind of

330

00:16:20,190 --> 00:16:16,770

putting the cart before the horse

331

00:16:22,230 --> 00:16:20,200

personally to really understand another

332

00:16:25,020 --> 00:16:22,240

culture you have to liberate yourself

333

00:16:27,810 --> 00:16:25,030

from your own culture as best as

334

00:16:28,420 --> 00:16:27,820

possible and you have to go into another

335

00:16:31,780 --> 00:16:28,430

culture

336

00:16:33,970 --> 00:16:31,790

and know that you know nothing you you

337

00:16:38,760 --> 00:16:33,980

know you know nothing Jon Snow right

338

00:16:41,460 --> 00:16:38,770

you're completely ignorant you need to

339

00:16:44,350 --> 00:16:41,470

learn to think in a different way

340

00:16:45,850 --> 00:16:44,360

why I mean let me channel let me

341

00:16:47,980 --> 00:16:45,860

challenge that in a skeptical kind of

342

00:16:52,060 --> 00:16:47,990

way I mean this is kind of the shutup

343

00:16:54,520 --> 00:16:52,070

and calculate model alternative right so

344

00:16:57,550 --> 00:16:54,530

the shut up and calculate Western model

345

00:17:01,300 --> 00:16:57,560

is screw that no I'm just gonna go plow

346

00:17:04,600 --> 00:17:01,310

ahead with my way of trying to mechanize

347

00:17:07,810 --> 00:17:04,610

it trying to operationalize it trying to

348

00:17:11,020 --> 00:17:07,820

make it work so I don't really care

349

00:17:14,770 --> 00:17:11,030

about your culture show me an show me an

350

00:17:17,350 --> 00:17:14,780

iPhone right or in this case you know to

351

00:17:20,680 --> 00:17:17,360

connect it with the skeptical thing I'm

352

00:17:23,920 --> 00:17:20,690

the United States intelligence and I say

353

00:17:25,660 --> 00:17:23,930

go get me Andre Padraic go bring uri

354

00:17:27,400 --> 00:17:25,670

geller over here and he seems to know a

355

00:17:29,500 --> 00:17:27,410

bunch of this stuff and bring him to

356

00:17:31,150 --> 00:17:29,510

stanford research institute and we're

357

00:17:33,760 --> 00:17:31,160

gonna talk him in because you know kind

358

00:17:37,060 --> 00:17:33,770

of you've used a long time ago past life

359

00:17:39,760 --> 00:17:37,070

or former life you were in that world so

360

00:17:41,320 --> 00:17:39,770

let's bring a let's bring Uri Geller

361

00:17:42,790 --> 00:17:41,330

over here and he seems to be able to

362

00:17:44,530 --> 00:17:42,800

read minds he seems to be able to do

363

00:17:46,360 --> 00:17:44,540

this let's make it happen

364

00:17:48,550 --> 00:17:46,370

let's remote-viewing let's figure out

365

00:17:50,020 --> 00:17:48,560

how to operationalize that i don't care

366

00:17:52,090 --> 00:17:50,030

about the old [h\_\_\h] I only care about

367

00:17:55,840 --> 00:17:52,100

what they can do and I only care about

368

00:17:58,780 --> 00:17:55,850

if I can turn it into a product yes yes

369

00:18:01,420 --> 00:17:58,790

that that's that's yeah that's an

370

00:18:04,480 --> 00:18:01,430

interesting an interesting take on

371

00:18:08,860 --> 00:18:04,490

things and my point is where does that

372

00:18:12,100 --> 00:18:08,870

get us as opposed to where does it get

373

00:18:14,530 --> 00:18:12,110

us from taking an anthropological let's

374

00:18:16,900 --> 00:18:14,540

value their culture let's do all the

375

00:18:19,030 --> 00:18:16,910

rest of that I mean I'm not saying one

376

00:18:20,560 --> 00:18:19,040

versus the other I'm just saying let's

377

00:18:23,260 --> 00:18:20,570

not prejudice one versus the other

378

00:18:24,790 --> 00:18:23,270

because at the end of the day a lot of

379

00:18:28,300 --> 00:18:24,800

times what it really comes down to is

380

00:18:30,850 --> 00:18:28,310

what we want is just the goods anyway I

381

00:18:32,980 --> 00:18:30,860

mean the whole magic thing and the

382

00:18:35,200 --> 00:18:32,990

interest people have in chaos magic

383

00:18:37,450 --> 00:18:35,210

which is in some ways related to this is

384

00:18:40,000 --> 00:18:37,460

I want to get the spirits to do [\h\_\_\h] for

385

00:18:42,159 --> 00:18:40,010

me here in this world that's what a lot

386

00:18:45,249 --> 00:18:42,169

of people that's that's a Lynette

387

00:18:48,009 --> 00:18:45,259

take away and I'll think we need to have

388

00:18:50,409 --> 00:18:48,019

a reasonable counter to that in terms of

389

00:18:52,419 --> 00:18:50,419

saying well here is why you would might

390

00:18:56,859 --> 00:18:52,429

want to do that here's why you might not

391

00:18:59,970 --> 00:18:56,869

want to do that okay yeah I I agree I

392

00:19:03,970 --> 00:18:59,980

think it's now I wouldn't say that

393

00:19:08,529 --> 00:19:03,980

research in the West doesn't conform to

394

00:19:13,570 --> 00:19:08,539

the ultra-reality construct and there

395

00:19:16,840 --> 00:19:13,580

are and I've studied a lot of the Robert

396

00:19:18,849 --> 00:19:16,850

Monroe's work right fits fits hand in

397

00:19:22,389 --> 00:19:18,859

glove with what the OL cheese believe

398

00:19:26,320 --> 00:19:22,399

reality is about the oh please believe

399

00:19:27,970 --> 00:19:26,330

in multiple souls there they have a very

400

00:19:31,169 --> 00:19:27,980

different view everything about

401  
00:19:34,570 --> 00:19:31,179  
shamanism in the West by neo shaman that

402  
00:19:36,999 --> 00:19:34,580  
shamaness seems to be interpreted from

403  
00:19:39,369 --> 00:19:37,009  
the very judeo-christian standpoint

404  
00:19:41,590 --> 00:19:39,379  
okay what do you mean by that well they

405  
00:19:43,299 --> 00:19:41,600  
only stop about the singular soul and

406  
00:19:48,340 --> 00:19:43,309  
then they talk about this thing called

407  
00:19:50,080 --> 00:19:48,350  
soul retrieval which doesn't exist I you

408  
00:19:52,869 --> 00:19:50,090  
know I don't mean to offend anyone but

409  
00:19:56,139 --> 00:19:52,879  
it doesn't exist in shamanism what is

410  
00:19:58,659 --> 00:19:56,149  
full retrieval mean all that that in the

411  
00:20:02,849 --> 00:19:58,669  
West they believe that if you have some

412  
00:20:06,070 --> 00:20:02,859  
sort of trauma that some part of the

413  
00:20:09,190 --> 00:20:06,080

personality this psychological

414

00:20:13,029 --> 00:20:09,200

personality is wounded and goes missing

415

00:20:17,229 --> 00:20:13,039

and causes all sorts of dysphoric states

416

00:20:20,320 --> 00:20:17,239

in your being so shamans go and find

417

00:20:24,279 --> 00:20:20,330

that particular piece that very

418

00:20:27,159 --> 00:20:24,289

mechanized view of grabbing some piece

419

00:20:31,029 --> 00:20:27,169

of yourself that's gone missing and they

420

00:20:33,970 --> 00:20:31,039

bring it back and they reattach it to

421

00:20:36,639 --> 00:20:33,980

your being and everything is hunky-dory

422

00:20:38,379 --> 00:20:36,649

but again that if we go down that path

423

00:20:41,310 --> 00:20:38,389

and I don't know how far we want to go

424

00:20:45,369 --> 00:20:41,320

down it don't we run into the same

425

00:20:48,580 --> 00:20:45,379

problems of language culture you know

426  
00:20:50,560 --> 00:20:48,590  
young in psychoanalysis that on one hand

427  
00:20:53,950 --> 00:20:50,570  
is total [h\_\_\h] and on the other hand

428  
00:20:56,170 --> 00:20:53,960  
is provably effective for people in

429  
00:21:00,550 --> 00:20:56,180  
terms of overcoming trauma

430  
00:21:03,670 --> 00:21:00,560  
so if i if I'm able to make you feel

431  
00:21:07,120 --> 00:21:03,680  
more whole whatever that means to you

432  
00:21:10,660 --> 00:21:07,130  
then do you really care whether I called

433  
00:21:14,640 --> 00:21:10,670  
it soul retrieval or whether I called it

434  
00:21:17,950 --> 00:21:14,650  
you know post-traumatic stress disorder

435  
00:21:20,050 --> 00:21:17,960  
correction or whatever I mean does the

436  
00:21:22,000 --> 00:21:20,060  
language sometimes get in the way of

437  
00:21:23,830 --> 00:21:22,010  
something that is so much more complex

438  
00:21:25,960 --> 00:21:23,840

than we could possibly understand that

439

00:21:28,570 --> 00:21:25,970

well I don't know if it's more complex I

440

00:21:30,280 --> 00:21:28,580

just think it's very inaccurate so then

441

00:21:33,010 --> 00:21:30,290

let's talk about that specifically how

442

00:21:34,930 --> 00:21:33,020

we would know what's more accurate I am

443

00:21:38,800 --> 00:21:34,940

only here to tell you what these people

444

00:21:41,440 --> 00:21:38,810

told me and I think that by being with

445

00:21:42,970 --> 00:21:41,450

them for almost three decades learning

446

00:21:47,490 --> 00:21:42,980

their language and the languages

447

00:21:50,890 --> 00:21:47,500

everything that I can come back and

448

00:21:53,350 --> 00:21:50,900

translate that back to my Western

449

00:21:57,970 --> 00:21:53,360

culture in a way that most Westerners

450

00:22:00,910 --> 00:21:57,980

can't great I guess I can say okay what

451  
00:22:05,770 --> 00:22:00,920  
does exist in the medical literature and

452  
00:22:08,290 --> 00:22:05,780  
in the psychology literature and and all

453  
00:22:11,350 --> 00:22:08,300  
sorts of other literature that's out

454  
00:22:14,890 --> 00:22:11,360  
there that corresponds to what these

455  
00:22:19,240 --> 00:22:14,900  
people say Robert Monroe's idea of this

456  
00:22:21,480 --> 00:22:19,250  
this the second body corresponds hand in

457  
00:22:25,660 --> 00:22:21,490  
glove with what the old to say our

458  
00:22:28,840 --> 00:22:25,670  
beingness is all about everybody working

459  
00:22:33,820 --> 00:22:28,850  
in the lucid dream community that also

460  
00:22:36,760 --> 00:22:33,830  
corresponds to what the Ulchi say is a

461  
00:22:38,860 --> 00:22:36,770  
true shamanic journey so how

462  
00:22:41,980 --> 00:22:38,870  
specifically does it connect with

463  
00:22:44,080 --> 00:22:41,990

Monroe's second body and how

464

00:22:47,920 --> 00:22:44,090

specifically does it connect with the

465

00:22:50,470 --> 00:22:47,930

lucid dreaming astral travel kind of

466

00:22:53,650 --> 00:22:50,480

okay understanding a Robert Monroe

467

00:22:56,220 --> 00:22:53,660

talked a great deal about what he called

468

00:22:59,680 --> 00:22:56,230

the second body and that the second body

469

00:23:02,740 --> 00:22:59,690

had attended the way when he talked

470

00:23:05,110 --> 00:23:02,750

about he had he had his own designations

471

00:23:07,820 --> 00:23:05,120

but he would talk about low growl these

472

00:23:10,370 --> 00:23:07,830

crazy rooms room this room yeah

473

00:23:12,140 --> 00:23:10,380

and locale one but I I understood what

474

00:23:14,720 --> 00:23:12,150

he was trying to get at us for Robert

475

00:23:16,940 --> 00:23:14,730

Monroe I mean the poor man if you really

476

00:23:19,790 --> 00:23:16,950

read his his whole history you just feel

477

00:23:22,280 --> 00:23:19,800

feel for him just he had no idea what

478

00:23:24,470 --> 00:23:22,290

any of this stuff was about but good for

479

00:23:28,760 --> 00:23:24,480

him that he did its best to try to

480

00:23:32,150 --> 00:23:28,770

document these experiences so the second

481

00:23:35,240 --> 00:23:32,160

body when it's in this particular state

482

00:23:39,320 --> 00:23:35,250

or will say vibrational frequency of

483

00:23:43,220 --> 00:23:39,330

consciousness whatever is something that

484

00:23:44,780 --> 00:23:43,230

is on the earth and that you can go

485

00:23:47,420 --> 00:23:44,790

around and you could be in your house

486

00:23:49,280 --> 00:23:47,430

and you can go visit other people and

487

00:23:52,300 --> 00:23:49,290

you can do this and you can do that and

488

00:23:56,300 --> 00:23:52,310

you can actually have conversations with

489

00:23:59,600 --> 00:23:56,310

other people that you that are actually

490

00:24:01,070 --> 00:23:59,610

alive on this earth and but you will

491

00:24:02,810 --> 00:24:01,080

remember but they're not going to

492

00:24:04,190 --> 00:24:02,820

remember it okay

493

00:24:07,310 --> 00:24:04,200

this is this is something interesting

494

00:24:11,030 --> 00:24:07,320

that that the Ulchi say is true in

495

00:24:15,800 --> 00:24:11,040

Israel and that is that this second soul

496

00:24:17,240 --> 00:24:15,810

this or or the second body your astral

497

00:24:19,790 --> 00:24:17,250

body so it's the same thing as this

498

00:24:22,340 --> 00:24:19,800

astral body you go to sleep at night you

499

00:24:23,870 --> 00:24:22,350

you're in this astral realm and then if

500

00:24:25,490 --> 00:24:23,880

you loose a dream you're in this astral

501  
00:24:27,680 --> 00:24:25,500  
realm and then a further extension of it

502  
00:24:29,330 --> 00:24:27,690  
is you actually leave your body you're

503  
00:24:32,360 --> 00:24:29,340  
outside your body you're looking down on

504  
00:24:35,600 --> 00:24:32,370  
your butt okay yeah and I'm just saying

505  
00:24:38,600 --> 00:24:35,610  
these two aspects of Robert Monroe's

506  
00:24:39,290 --> 00:24:38,610  
research it's like yeah they say that's

507  
00:24:42,140 --> 00:24:39,300  
normal

508  
00:24:45,320 --> 00:24:42,150  
yes and and everything that they speak

509  
00:24:48,680 --> 00:24:45,330  
about or talk about conform to those

510  
00:24:52,880 --> 00:24:48,690  
same exact ideas that Robert Monroe set

511  
00:24:55,790 --> 00:24:52,890  
forth many years ago the lucid dreaming

512  
00:24:58,190 --> 00:24:55,800  
community and Stephen LaBerge out of

513  
00:25:00,140 --> 00:24:58,200

well I don't know he's not the Stanford

514

00:25:04,310 --> 00:25:00,150

anymore but he used to be there I think

515

00:25:05,990 --> 00:25:04,320

he's retired or something he you know

516

00:25:08,960 --> 00:25:06,000

his research

517

00:25:12,170 --> 00:25:08,970

Robert Wagner's research at Kellogg's

518

00:25:15,590 --> 00:25:12,180

research they you know they speak a

519

00:25:18,320 --> 00:25:15,600

great deal about this other realm well

520

00:25:21,710 --> 00:25:18,330

that is what an actual shamanic journey

521

00:25:24,440 --> 00:25:21,720

is if everything that I can

522

00:25:26,750 --> 00:25:24,450

termen from what I've learned from these

523

00:25:32,090 --> 00:25:26,760

people and how they've explained things

524

00:25:34,670 --> 00:25:32,100

to me is that a shamanic journey has

525

00:25:38,270 --> 00:25:34,680

nothing to do with going into some sort

526  
00:25:40,670 --> 00:25:38,280  
of meditative state what do you mean by

527  
00:25:42,950 --> 00:25:40,680  
that well people sit around and they go

528  
00:25:45,320 --> 00:25:42,960  
boom boom boom on their drum and they

529  
00:25:48,320 --> 00:25:45,330  
enter you know and if you put machines

530  
00:25:51,320 --> 00:25:48,330  
and wires on their head I mean they will

531  
00:25:53,570 --> 00:25:51,330  
enter into some sort of calmer

532  
00:25:58,120 --> 00:25:53,580  
alpha-theta state that's something that

533  
00:26:01,250 --> 00:25:58,130  
can be mechanically observed by

534  
00:26:03,470 --> 00:26:01,260  
researchers that you kind of drift down

535  
00:26:07,130 --> 00:26:03,480  
into a different state of consciousness

536  
00:26:09,470 --> 00:26:07,140  
well everything that they have told me

537  
00:26:13,460 --> 00:26:09,480  
corresponds more of the fact that a

538  
00:26:17,290 --> 00:26:13,470

traditional shamanic journey is first of

539

00:26:21,080 --> 00:26:17,300

all being able to enter through the

540

00:26:23,270 --> 00:26:21,090

hypnagogic state now we all go through

541

00:26:25,190 --> 00:26:23,280

the hypnagogic state every night in the

542

00:26:28,730 --> 00:26:25,200

West in medical literature they call

543

00:26:32,000 --> 00:26:28,740

that a hypnagogic hallucination but we

544

00:26:35,180 --> 00:26:32,010

all we all drift off and if we are able

545

00:26:37,940 --> 00:26:35,190

to keep our consciousness somewhat

546

00:26:41,060 --> 00:26:37,950

active we'll start seeing faces and

547

00:26:43,430 --> 00:26:41,070

images and geometric patterns everybody

548

00:26:47,540 --> 00:26:43,440

does that it's natural you don't need to

549

00:26:50,270 --> 00:26:47,550

teach that so they they enter through

550

00:26:55,460 --> 00:26:50,280

that realm of frequency or consciousness

551  
00:26:59,090 --> 00:26:55,470  
then they are able to launch into what I

552  
00:27:04,190 --> 00:26:59,100  
think from what I what they've told me

553  
00:27:08,060 --> 00:27:04,200  
and what I understand is a wake induced

554  
00:27:11,510 --> 00:27:08,070  
lucid dream but they're able to shut off

555  
00:27:14,870 --> 00:27:11,520  
the muscle atonia

556  
00:27:17,870 --> 00:27:14,880  
that occurs with everyone at night and

557  
00:27:20,990 --> 00:27:17,880  
do you under you get the sleeper out

558  
00:27:25,730 --> 00:27:21,000  
okay now what I find to be very curious

559  
00:27:29,300 --> 00:27:25,740  
is that in the medical literature in the

560  
00:27:30,840 --> 00:27:29,310  
sleep parasomnias there is a condition

561  
00:27:35,700 --> 00:27:30,850  
known as

562  
00:27:39,570 --> 00:27:35,710  
REM sleep behavior disorder where people

563  
00:27:42,539 --> 00:27:39,580

go into the state and they get up and

564

00:27:44,340 --> 00:27:42,549

move right and they're running around

565

00:27:46,350 --> 00:27:44,350

and they're moving in there and they're

566

00:27:48,990 --> 00:27:46,360

doing things and sometimes they're

567

00:27:52,259 --> 00:27:49,000

hitting their partner and which is not

568

00:27:55,110 --> 00:27:52,269

good and all sorts of things occur and

569

00:27:57,180 --> 00:27:55,120

that if you wake them up they're able to

570

00:28:01,200 --> 00:27:57,190

recall everything that they've done so

571

00:28:03,720 --> 00:28:01,210

my understanding is that that's that's

572

00:28:05,669 --> 00:28:03,730

what a shamanic journey is and not

573

00:28:09,560 --> 00:28:05,679

everything that's being taught out there

574

00:28:13,289 --> 00:28:09,570

you enter through him through a

575

00:28:16,889 --> 00:28:13,299

hypnagogic state you you're able to

576

00:28:20,249 --> 00:28:16,899

control wake induced lucid dreaming to a

577

00:28:22,889 --> 00:28:20,259

point or the the REM sleep behavior

578

00:28:25,769 --> 00:28:22,899

disorder and you come out through the

579

00:28:27,539 --> 00:28:25,779

hypnopompic state interesting the other

580

00:28:29,909 --> 00:28:27,549

interesting thing about this medically

581

00:28:33,590 --> 00:28:29,919

Alex when you look at the medical

582

00:28:37,730 --> 00:28:33,600

evidence on REM sleep behavior disorder

583

00:28:42,389 --> 00:28:37,740

first of all it can occur in children

584

00:28:45,149 --> 00:28:42,399

but most of the time it occurs it starts

585

00:28:48,240 --> 00:28:45,159

the onset of it comes when people are in

586

00:28:51,210 --> 00:28:48,250

their 40s and 50s when you look at the

587

00:28:53,970 --> 00:28:51,220

ultra tradition people do not take up

588

00:28:57,960 --> 00:28:53,980

the shamanic call until they're in their

589

00:29:00,419 --> 00:28:57,970

40s and 50s and if you look at all that

590

00:29:02,519 --> 00:29:00,429

medical literature you can just go

591

00:29:06,740 --> 00:29:02,529

through and just check off everything

592

00:29:11,090 --> 00:29:06,750

one by one the types of experiences that

593

00:29:13,740 --> 00:29:11,100

the Western medical sleep researchers

594

00:29:16,529 --> 00:29:13,750

have been able to document and

595

00:29:20,129 --> 00:29:16,539

everything that goes on with this

596

00:29:22,799 --> 00:29:20,139

shamanic journeying experience okay I

597

00:29:25,769 --> 00:29:22,809

have a direction if you can't tell

598

00:29:27,419 --> 00:29:25,779

already I've tried to no no I I didn't

599

00:29:30,299 --> 00:29:27,429

mean that in in like asking for an

600

00:29:33,570 --> 00:29:30,309

apology far from it I guess what I'm

601  
00:29:36,899 --> 00:29:33,580  
saying is I'm driving towards something

602  
00:29:39,509 --> 00:29:36,909  
that I'm curious about and you're

603  
00:29:41,430 --> 00:29:39,519  
filling in a lot of the blanks you know

604  
00:29:44,730 --> 00:29:41,440  
to jump right to the end

605  
00:29:47,649 --> 00:29:44,740  
I guess my big picture question

606  
00:29:51,759 --> 00:29:47,659  
what are we looking at when we talk

607  
00:29:56,139 --> 00:29:51,769  
about these extended consciousness

608  
00:29:58,960 --> 00:29:56,149  
realms as opposed to other extended

609  
00:30:02,680 --> 00:29:58,970  
consciousness realms so like is this the

610  
00:30:06,009 --> 00:30:02,690  
same realm that it is in is this the

611  
00:30:08,740 --> 00:30:06,019  
same realm that NDE is in near-death

612  
00:30:12,759 --> 00:30:08,750  
experience is this the same realm that

613  
00:30:15,490 --> 00:30:12,769

is the spirit world past life regression

614

00:30:18,279 --> 00:30:15,500

world and then most interesting to me

615

00:30:20,049 --> 00:30:18,289

because I'll tip my hand here and tell

616

00:30:22,690 --> 00:30:20,059

you that you know it's interesting what

617

00:30:26,250 --> 00:30:22,700

you said about meditation and I think my

618

00:30:28,269 --> 00:30:26,260

understanding of it is there's a real

619

00:30:31,360 --> 00:30:28,279

misunderstanding because I'm a yogi guy

620

00:30:34,060 --> 00:30:31,370

right and I think there's the same kind

621

00:30:39,210 --> 00:30:34,070

of misunderstanding of what's going on

622

00:30:42,340 --> 00:30:39,220

with meditation / enlightenment /

623

00:30:45,190 --> 00:30:42,350

awakening and all that is that what I

624

00:30:47,740 --> 00:30:45,200

hear those folks saying is yada yada

625

00:30:51,879 --> 00:30:47,750

yada I'm interested in transcending all

626

00:30:53,680 --> 00:30:51,889

of that stuff so what I hear the Yogi's

627

00:30:57,009 --> 00:30:53,690

say what I hear the Enlightenment people

628

00:31:00,460 --> 00:30:57,019

saying is you can go there you can go on

629

00:31:03,159 --> 00:31:00,470

your shamanic journey you can go to use

630

00:31:05,379 --> 00:31:03,169

your entheogens and you know do all this

631

00:31:08,350 --> 00:31:05,389

crazy stuff and talk to et we're

632

00:31:10,779 --> 00:31:08,360

interested in kind of jumping past that

633

00:31:13,930 --> 00:31:10,789

because that's just a another place to

634

00:31:16,840 --> 00:31:13,940

get stuck with the fascination of the

635

00:31:19,240 --> 00:31:16,850

mind of the mind that wants to attach to

636

00:31:20,919 --> 00:31:19,250

all these different things so I've kind

637

00:31:22,779 --> 00:31:20,929

of bundled a couple of questions there

638

00:31:26,560 --> 00:31:22,789

but maybe you can pull them apart one is

639

00:31:28,930 --> 00:31:26,570

what are we to make of the limits of

640

00:31:31,470 --> 00:31:28,940

this extended consciousness realm what

641

00:31:35,649 --> 00:31:31,480

are their limits and is there a

642

00:31:40,149 --> 00:31:35,659

spirituality if you will that that kind

643

00:31:41,649 --> 00:31:40,159

of is beyond oh I'm sure there is and I

644

00:31:44,259 --> 00:31:41,659

don't think that you would have any

645

00:31:46,029 --> 00:31:44,269

indigenous people say well sure it's out

646

00:31:50,919 --> 00:31:46,039

there but we don't know about it it's so

647

00:31:54,970 --> 00:31:50,929

beyond our ability to comprehend I would

648

00:31:57,420 --> 00:31:54,980

say that the idea of going beyond as far

649

00:31:59,360 --> 00:31:57,430

as enlightenment is concerned or

650

00:32:02,610 --> 00:31:59,370

it's like oh I get stuck in these other

651  
00:32:06,390 --> 00:32:02,620  
levels and and be enlightened they don't

652  
00:32:09,630 --> 00:32:06,400  
they don't see the the purpose of human

653  
00:32:12,480 --> 00:32:09,640  
beings having anything to do with being

654  
00:32:15,780 --> 00:32:12,490  
enlightened they're much more Taoist in

655  
00:32:18,630 --> 00:32:15,790  
their philosophy it's like it's it's

656  
00:32:20,790 --> 00:32:18,640  
like we're all a part of the ocean and

657  
00:32:22,800 --> 00:32:20,800  
you're a wave and I'm a wave and

658  
00:32:24,540 --> 00:32:22,810  
everybody else is a wave and I'm waving

659  
00:32:27,750 --> 00:32:24,550  
at you in the ocean you're waving at me

660  
00:32:30,720 --> 00:32:27,760  
and it's about adjoining but it's not

661  
00:32:33,780 --> 00:32:30,730  
about going beyond and becoming one with

662  
00:32:35,400 --> 00:32:33,790  
everything so they have a very as I said

663  
00:32:39,390 --> 00:32:35,410

it's not about enlightenment and

664

00:32:41,670 --> 00:32:39,400

becoming one with one with God and and

665

00:32:42,990 --> 00:32:41,680

that you lose your individuality if you

666

00:32:44,970 --> 00:32:43,000

do not believe it

667

00:32:47,670 --> 00:32:44,980

okay well then where's your [\h\_\_\h]

668

00:32:49,980 --> 00:32:47,680

iPhone where's your iPhone ulti I'm

669

00:32:52,380 --> 00:32:49,990

being crude but you get the point if

670

00:32:55,110 --> 00:32:52,390

it's about going to these extended

671

00:32:58,140 --> 00:32:55,120

realms to make your life better or to

672

00:33:00,300 --> 00:32:58,150

help your people or to help them pass to

673

00:33:03,690 --> 00:33:00,310

this journey to the next or the

674

00:33:06,870 --> 00:33:03,700

underworld or to avoid negative people

675

00:33:09,150 --> 00:33:06,880

well then I'm doing the same thing I do

676  
00:33:11,790 --> 00:33:09,160  
it on my iPhone where's your iPhone well

677  
00:33:14,340 --> 00:33:11,800  
good good for you Alex and you do it

678  
00:33:18,030 --> 00:33:14,350  
your own way and not me

679  
00:33:20,340 --> 00:33:18,040  
no I I don't mean it I don't you know

680  
00:33:24,240 --> 00:33:20,350  
this is another thing as well when you

681  
00:33:27,180 --> 00:33:24,250  
start to examine you have to think like

682  
00:33:30,300 --> 00:33:27,190  
people from the east and people don't

683  
00:33:33,930 --> 00:33:30,310  
like to hear that an Eastern way of

684  
00:33:36,960 --> 00:33:33,940  
viewing everything is that the universe

685  
00:33:41,220 --> 00:33:36,970  
is meaningless through and through there

686  
00:33:43,020 --> 00:33:41,230  
is no purpose right then I get that I

687  
00:33:45,570 --> 00:33:43,030  
get if you've listened to the show you

688  
00:33:48,240 --> 00:33:45,580

know I always reference Amma the hugging

689

00:33:50,940 --> 00:33:48,250

Saint I admire her work from one level

690

00:33:52,530 --> 00:33:50,950

you know she's just tireless in her work

691

00:33:54,030 --> 00:33:52,540

you know she's hugging thousands of

692

00:33:56,280 --> 00:33:54,040

people I don't know how she does it

693

00:33:58,080 --> 00:33:56,290

she's up for you know 20 hours at a time

694

00:34:00,120 --> 00:33:58,090

just giving giving giving and then when

695

00:34:01,650 --> 00:34:00,130

you talk to her devotees they say in

696

00:34:03,030 --> 00:34:01,660

India it's even more she's out there

697

00:34:05,460 --> 00:34:03,040

digging latrines and that she's doing

698

00:34:08,430 --> 00:34:05,470

this and she's doing that and one of her

699

00:34:11,100 --> 00:34:08,440

devotees met her and said am i you tell

700

00:34:13,410 --> 00:34:11,110

us that there there is no world

701  
00:34:16,200 --> 00:34:13,420  
that this is this whole thing is an

702  
00:34:18,690 --> 00:34:16,210  
illusion and yet you you working

703  
00:34:23,580 --> 00:34:18,700  
tirelessly to make this world a better

704  
00:34:27,360 --> 00:34:23,590  
place and her responses world what world

705  
00:34:29,190 --> 00:34:27,370  
so to me that is holding both you know

706  
00:34:31,350 --> 00:34:29,200  
in some beautiful way that I can't

707  
00:34:33,270 --> 00:34:31,360  
understand because I'm not spiritually

708  
00:34:36,630 --> 00:34:33,280  
developed enough holding those two

709  
00:34:38,430 --> 00:34:36,640  
together at the same time is that one

710  
00:34:41,010 --> 00:34:38,440  
there is no purpose there's no place to

711  
00:34:44,030 --> 00:34:41,020  
get we're not we're all caught up in

712  
00:34:47,520 --> 00:34:44,040  
doing and her about doing anything so

713  
00:34:50,130 --> 00:34:47,530

but on the other hand and even in the

714

00:34:53,310 --> 00:34:50,140

all che and in your book and in you know

715

00:34:55,290 --> 00:34:53,320

there is a doing part to the spirit

716

00:34:57,600 --> 00:34:55,300

thing it's not like we're leaving the

717

00:35:01,050 --> 00:34:57,610

spirits just up there were saying oh

718

00:35:04,080 --> 00:35:01,060

come intercede in this help this happen

719

00:35:06,930 --> 00:35:04,090

help that help happen help this person

720

00:35:09,630 --> 00:35:06,940

in their healing or their recovery or

721

00:35:12,450 --> 00:35:09,640

their protection so that's doing too so

722

00:35:20,130 --> 00:35:12,460

it does there is kind of a mixed thing

723

00:35:22,410 --> 00:35:20,140

by they are rather well I think it might

724

00:35:24,390 --> 00:35:22,420

point to maybe a little bit more of a

725

00:35:26,850 --> 00:35:24,400

contradiction there that that we're

726

00:35:29,430 --> 00:35:26,860

willing to accept I just think it's

727

00:35:32,160 --> 00:35:29,440

fascinating I don't want to get into I

728

00:35:34,890 --> 00:35:32,170

can see where Amma and she's an amazing

729

00:35:37,710 --> 00:35:34,900

person it's coming from from her from

730

00:35:40,770 --> 00:35:37,720

that Hindu background where they view

731

00:35:43,260 --> 00:35:40,780

the world as a as a play that all the

732

00:35:47,520 --> 00:35:43,270

gods are at play and this is all Maya

733

00:35:49,440 --> 00:35:47,530

that one way of perceiving reality you

734

00:35:52,020 --> 00:35:49,450

know indigenous people have a different

735

00:35:53,790 --> 00:35:52,030

way of perceiving reality some

736

00:35:56,040 --> 00:35:53,800

indigenous sample right I mean right

737

00:35:58,530 --> 00:35:56,050

right but yeah but yeah and it's all

738

00:36:00,630 --> 00:35:58,540

quite unique and it's all very different

739

00:36:02,760 --> 00:36:00,640

so where's your iPhone when I say

740

00:36:04,590 --> 00:36:02,770

where's your iPhone and I think you get

741

00:36:06,210 --> 00:36:04,600

it because you didn't come jumping

742

00:36:08,430 --> 00:36:06,220

through the scream and throws through a

743

00:36:10,080 --> 00:36:08,440

screen and throw a fit like because I'm

744

00:36:11,700 --> 00:36:10,090

pushing pretty hard there and I

745

00:36:14,820 --> 00:36:11,710

appreciate that you're willing to do it

746

00:36:17,370 --> 00:36:14,830

keep pushing so back to connecting the

747

00:36:21,330 --> 00:36:17,380

dots like I was saying I go and I talk

748

00:36:24,510 --> 00:36:21,340

to a guy who's doing a film about Andre

749

00:36:27,750 --> 00:36:24,520

Padraic right so under pedrão is this

750

00:36:29,790 --> 00:36:27,760

brilliant guy he's interested in all

751

00:36:32,730 --> 00:36:29,800

these extended consciousness realms he's

752

00:36:34,530 --> 00:36:32,740

the first one to go to Mexico and look

753

00:36:37,290 --> 00:36:34,540

at the indigenous people down there who

754

00:36:39,840 --> 00:36:37,300

are using sacred mushrooms who are using

755

00:36:42,180 --> 00:36:39,850

these Ephesians to do these kind of

756

00:36:43,860 --> 00:36:42,190

astral travels and they're bringing back

757

00:36:45,900 --> 00:36:43,870

all this stuff and they're also having

758

00:36:49,670 --> 00:36:45,910

psychic experiences and all the rest of

759

00:36:51,510 --> 00:36:49,680

that so he's working at North he's a PhD

760

00:36:53,520 --> 00:36:51,520

Northwestern University is also a

761

00:36:56,180 --> 00:36:53,530

medical doctor if you don't know the

762

00:36:59,310 --> 00:36:56,190

history Northwestern is tied into

763

00:37:01,280 --> 00:36:59,320

MKULTRA which he didn't know at the time

764

00:37:04,890 --> 00:37:01,290

but so they were interested our

765

00:37:07,650 --> 00:37:04,900

government our secret shadow government

766

00:37:09,690 --> 00:37:07,660

is interested in all this extended

767

00:37:11,520 --> 00:37:09,700

consciousness stuff too or they're

768

00:37:14,670 --> 00:37:11,530

probably interested in it because in

769

00:37:16,500 --> 00:37:14,680

nineteen forty fifty they start finding

770

00:37:19,890 --> 00:37:16,510

out that et is in this extended

771

00:37:22,380 --> 00:37:19,900

consciousness realm and ETS all over the

772

00:37:26,490 --> 00:37:22,390

place and then later on they have Rick

773

00:37:28,800 --> 00:37:26,500

Strassman who they allow to research DMT

774

00:37:30,450 --> 00:37:28,810

out there in New Mexico and he starts

775

00:37:32,520 --> 00:37:30,460

giving it to people and they boom they

776

00:37:35,930 --> 00:37:32,530

pop into this same realm if you will and

777

00:37:39,450 --> 00:37:35,940

there's et and there's all these

778

00:37:40,590 --> 00:37:39,460

shamanistic if you will to use the more

779

00:37:44,310 --> 00:37:40,600

broad to right

780

00:37:47,310 --> 00:37:44,320

you know beings and purple jaguars and

781

00:37:48,990 --> 00:37:47,320

you know all these crocodiles half

782

00:37:51,150 --> 00:37:49,000

crocodile half-human kind of things so

783

00:37:53,820 --> 00:37:51,160

they're all there right right so more

784

00:37:56,400 --> 00:37:53,830

interest on the part of our iPhone guys

785

00:37:58,320 --> 00:37:56,410

so I'm saying this is our Western kind

786

00:38:00,450 --> 00:37:58,330

of we're gonna just drill into it kind

787

00:38:01,890 --> 00:38:00,460

of thing so they were like okay great we

788

00:38:06,090 --> 00:38:01,900

got to figure this stuff out so we got

789

00:38:07,530 --> 00:38:06,100

Padraic we got Rick Strassman and oh but

790

00:38:10,020 --> 00:38:07,540

rates you know this guy in Israel

791

00:38:11,550 --> 00:38:10,030

regular great go bring him over here

792

00:38:13,830 --> 00:38:11,560

we're gonna study him he says he can

793

00:38:16,800 --> 00:38:13,840

read minds well he can do it so they're

794

00:38:19,350 --> 00:38:16,810

doing the shut up and calculate build us

795

00:38:22,200 --> 00:38:19,360

an iPhone helped us get into that other

796

00:38:24,270 --> 00:38:22,210

room so we can beat the Russians if

797

00:38:26,280 --> 00:38:24,280

that's really the thing or we can

798

00:38:27,810 --> 00:38:26,290

control the population so that they

799

00:38:32,790 --> 00:38:27,820

don't get into that thing right there

800

00:38:35,880 --> 00:38:32,800

taking a very mechanistic Western iPhone

801  
00:38:38,220 --> 00:38:35,890  
shut up in calculate way to reach this

802  
00:38:41,190 --> 00:38:38,230  
extended consciousness realm and

803  
00:38:43,470 --> 00:38:41,200  
I'm very interested in that because I'm

804  
00:38:48,030 --> 00:38:43,480  
interested in the intersection between

805  
00:38:51,810 --> 00:38:48,040  
that and ET seems to have mastered that

806  
00:38:54,180 --> 00:38:51,820  
in a more technological way where they

807  
00:38:56,280 --> 00:38:54,190  
have tools they have devices they have

808  
00:38:58,320 --> 00:38:56,290  
ways of getting into this realm and the

809  
00:39:00,750 --> 00:38:58,330  
way it leads back to the old Shea and I

810  
00:39:02,490 --> 00:39:00,760  
guess my big question is when we look at

811  
00:39:06,770 --> 00:39:02,500  
the Ulchi when we look at these

812  
00:39:10,710 --> 00:39:06,780  
indigenous people are we looking at more

813  
00:39:13,830 --> 00:39:10,720

advanced technology or are we looking at

814

00:39:16,440 --> 00:39:13,840

less advanced technology and if we allow

815

00:39:19,530 --> 00:39:16,450

the crudeness of that question to like

816

00:39:21,660 --> 00:39:19,540

sit there for a while are we saying that

817

00:39:23,340 --> 00:39:21,670

you know well these people they figured

818

00:39:25,530 --> 00:39:23,350

some stuff out but they didn't really

819

00:39:28,560 --> 00:39:25,540

know how to do it in the same way that

820

00:39:32,550 --> 00:39:28,570

they knew agriculture but to be honest

821

00:39:34,830 --> 00:39:32,560

we do agriculture a lot more effectively

822

00:39:36,720 --> 00:39:34,840

now even though we [h\_\_h] up the planet

823

00:39:39,720 --> 00:39:36,730

and even though we put on all these

824

00:39:43,170 --> 00:39:39,730

crazy additives we get a hundred times

825

00:39:47,010 --> 00:39:43,180

more bushels of corn than they do so are

826

00:39:49,260 --> 00:39:47,020

we looking at a more advanced ability to

827

00:39:53,130 --> 00:39:49,270

manipulate extended consciousness or a

828

00:39:58,170 --> 00:39:53,140

less advanced way I would say that the

829

00:40:02,040 --> 00:39:58,180

olci are very elegant sophisticated form

830

00:40:07,550 --> 00:40:02,050

of primitivism I would also say that as

831

00:40:12,210 --> 00:40:07,560

far as contact with other realms that

832

00:40:14,760 --> 00:40:12,220

they do talk to et's they do they just

833

00:40:18,780 --> 00:40:14,770

call them the sky people and they see

834

00:40:21,560 --> 00:40:18,790

them on walking in the earth and they

835

00:40:24,330 --> 00:40:21,570

also see them in the other realms and

836

00:40:27,900 --> 00:40:24,340

that they have lots of you know lots of

837

00:40:30,060 --> 00:40:27,910

information to impart but but to them

838

00:40:32,660 --> 00:40:30,070

it's that they don't talk a lot about it

839

00:40:35,490 --> 00:40:32,670

because it's just second nature to them

840

00:40:37,740 --> 00:40:35,500

you know I I remember when they first

841

00:40:38,460 --> 00:40:37,750

came here and I showed them I said okay

842

00:40:40,230 --> 00:40:38,470

this is great

843

00:40:42,120 --> 00:40:40,240

these people have never left their

844

00:40:44,760 --> 00:40:42,130

village it's great I'm gonna ask them a

845

00:40:46,650 --> 00:40:44,770

million stupid questions right so I show

846

00:40:48,180 --> 00:40:46,660

them a picture because they're a cut

847

00:40:50,609 --> 00:40:48,190

clean slate right they haven't been

848

00:40:51,470 --> 00:40:50,619

indoctrinated by the culture kind of

849

00:40:53,930 --> 00:40:51,480

thing right

850

00:40:56,840 --> 00:40:53,940

it's clean I mean nothing's clean but I

851  
00:40:59,390 --> 00:40:56,850  
showed them ET and I go you ever seen

852  
00:41:01,970 --> 00:40:59,400  
this this they go oh yeah that's the sky

853  
00:41:04,130 --> 00:41:01,980  
person oh yeah that's the sky people

854  
00:41:06,770 --> 00:41:04,140  
they said look at our petroglyphs you

855  
00:41:09,620 --> 00:41:06,780  
know all those those people in the rock

856  
00:41:12,260 --> 00:41:09,630  
art and archaeologists they come along

857  
00:41:14,900 --> 00:41:12,270  
they look at our little images of our

858  
00:41:17,690 --> 00:41:14,910  
people of this and they call it a shaman

859  
00:41:20,360 --> 00:41:17,700  
or they they always misidentified our

860  
00:41:23,330 --> 00:41:20,370  
petroglyphs they they say no it's a sky

861  
00:41:25,670 --> 00:41:23,340  
person and if you look at their masks

862  
00:41:28,610 --> 00:41:25,680  
which is very interesting they're all

863  
00:41:32,030 --> 00:41:28,620

sky people they don't have animal masks

864

00:41:35,420 --> 00:41:32,040

they don't have masks of birds or wear a

865

00:41:37,180 --> 00:41:35,430

mask of this they're all this oval shape

866

00:41:40,280 --> 00:41:37,190

and they say they're all the sky people

867

00:41:44,330 --> 00:41:40,290

the old little mass that they were is

868

00:41:46,790 --> 00:41:44,340

their tradition of the belief that the

869

00:41:48,680 --> 00:41:46,800

altai are the Altai descendants of the

870

00:41:55,460 --> 00:41:48,690

sky people is that part of their belief

871

00:41:57,350 --> 00:41:55,470

of a specific se other group on genetic

872

00:42:00,320 --> 00:41:57,360

group no they don't have that in their

873

00:42:01,850 --> 00:42:00,330

in their idea what is the word is the

874

00:42:04,640 --> 00:42:01,860

origin of the Ulchi where do they think

875

00:42:08,030 --> 00:42:04,650

they came from they they think they grew

876

00:42:12,250 --> 00:42:08,040

out of the earth that the great sky

877

00:42:16,760 --> 00:42:12,260

master or sky beams or the intelligence

878

00:42:18,980 --> 00:42:16,770

of the earth that they they sort they

879

00:42:22,130 --> 00:42:18,990

have all sorts of creationists in their

880

00:42:24,860 --> 00:42:22,140

in their tradition so they just they

881

00:42:27,770 --> 00:42:24,870

blue they if I said rather than having

882

00:42:31,280 --> 00:42:27,780

this judeo-christian concept of being

883

00:42:34,520 --> 00:42:31,290

made like an artifact by some big

884

00:42:37,880 --> 00:42:34,530

supernatural being they say no they just

885

00:42:39,920 --> 00:42:37,890

grew out of the earth they're much more

886

00:42:41,900 --> 00:42:39,930

or you know work we're a part of nature

887

00:42:45,680 --> 00:42:41,910

we're not separate from Nate we weren't

888

00:42:47,150 --> 00:42:45,690

made by we are in an artifact right and

889

00:42:50,000 --> 00:42:47,160

of course as we were talking about in

890

00:42:52,880 --> 00:42:50,010

min ago we would never know completely

891

00:42:55,010 --> 00:42:52,890

because they're telling us from the

892

00:42:56,900 --> 00:42:55,020

beginning that some of this is hidden

893

00:43:00,260 --> 00:42:56,910

and cloaked because that's the way it

894

00:43:03,620 --> 00:43:00,270

needs to be conveyed in order to

895

00:43:05,720 --> 00:43:03,630

preserve the message over time I mean

896

00:43:09,920 --> 00:43:05,730

are you familiar with Laird Scranton and

897

00:43:11,450 --> 00:43:09,930

his investigation of the dogon because

898

00:43:14,090 --> 00:43:11,460

because some of the parallels I thought

899

00:43:17,510 --> 00:43:14,100

are just stunning in terms of when I

900

00:43:20,030 --> 00:43:17,520

read your account of the LJ is one it's

901  
00:43:21,650 --> 00:43:20,040  
an oral tradition and we've been trying

902  
00:43:24,830 --> 00:43:21,660  
to kind of immediately have a reaction

903  
00:43:26,930 --> 00:43:24,840  
go oh you poor stupid people you didn't

904  
00:43:29,600 --> 00:43:26,940  
know how to write stuff down and then

905  
00:43:31,580 --> 00:43:29,610  
you know Scranton lurtz grant and

906  
00:43:33,680 --> 00:43:31,590  
reveals well they kind of did that by

907  
00:43:35,840 --> 00:43:33,690  
design really because they wanted to

908  
00:43:37,190 --> 00:43:35,850  
preserve the integrity of the message

909  
00:43:39,890 --> 00:43:37,200  
and they found that the best way of

910  
00:43:42,110 --> 00:43:39,900  
doing that for over a long period of

911  
00:43:44,390 --> 00:43:42,120  
time was the oral tradition because when

912  
00:43:47,210 --> 00:43:44,400  
you're write stuff down you're much more

913  
00:43:49,490 --> 00:43:47,220

prone to misinterpret it and not get the

914

00:43:52,070 --> 00:43:49,500

full story and the other thing he said

915

00:43:53,960 --> 00:43:52,080

that I thought matched up well with your

916

00:43:56,120 --> 00:43:53,970

investigation that all jay-z said this

917

00:43:58,790 --> 00:43:56,130

kind of hidden thing like you're saying

918

00:44:02,270 --> 00:43:58,800

is like you know they they tell to the

919

00:44:04,730 --> 00:44:02,280

first level of initiated this is the

920

00:44:07,820 --> 00:44:04,740

this is the Dogon that oh yeah we do

921

00:44:09,290 --> 00:44:07,830

that ceremony every sixty years and then

922

00:44:10,940 --> 00:44:09,300

he says after you've been in it for a

923

00:44:13,100 --> 00:44:10,950

while you realize they always have an

924

00:44:15,650 --> 00:44:13,110

excuse for doing it every fifty years

925

00:44:17,990 --> 00:44:15,660

and then that what it really is is

926

00:44:19,580 --> 00:44:18,000

there's a reason behind why we do it

927

00:44:21,590 --> 00:44:19,590

every 50 years and there's also a reason

928

00:44:24,590 --> 00:44:21,600

why we tell everyone we do it every

929

00:44:27,620 --> 00:44:24,600

sixty years so in the same way I guess

930

00:44:29,630 --> 00:44:27,630

we always have to have that well have it

931

00:44:31,940 --> 00:44:29,640

have to hold back a little bit of doubt

932

00:44:34,550 --> 00:44:31,950

or maybe I'm jumping ahead would you

933

00:44:37,490 --> 00:44:34,560

agree that the old che as much as

934

00:44:40,390 --> 00:44:37,500

they're telling us they're only allowed

935

00:44:42,620 --> 00:44:40,400

to tell us so much in a certain way or

936

00:44:45,380 --> 00:44:42,630

not do you think they're kind of telling

937

00:44:47,720 --> 00:44:45,390

us just everything no they've got no it

938

00:44:50,930 --> 00:44:47,730

took it took a long time for me to even

939

00:44:52,940 --> 00:44:50,940

get them to speak to me and not think

940

00:44:56,120 --> 00:44:52,950

that I was some sort of silly western

941

00:44:57,830 --> 00:44:56,130

dilettante so it took a while and they

942

00:45:00,110 --> 00:44:57,840

give you information when they feel like

943

00:45:03,070 --> 00:45:00,120

it and you can ask them questions all

944

00:45:05,000 --> 00:45:03,080

day long and they'll just ignore you so

945

00:45:06,890 --> 00:45:05,010

when they feel like giving you

946

00:45:08,390 --> 00:45:06,900

information they do when they don't feel

947

00:45:09,640 --> 00:45:08,400

like giving you information they keep

948

00:45:13,160 --> 00:45:09,650

their mouth shut

949

00:45:14,870 --> 00:45:13,170

so I don't know if it's I don't know if

950

00:45:17,300 --> 00:45:14,880

it's something planned except to say

951  
00:45:20,960 --> 00:45:17,310  
that they will into it

952  
00:45:23,390 --> 00:45:20,970  
ugly or instinctually no in the moment

953  
00:45:28,070 --> 00:45:23,400  
they'll just you know you know they

954  
00:45:30,440 --> 00:45:28,080  
never ask people what do you think about

955  
00:45:32,450 --> 00:45:30,450  
something they think that all linear

956  
00:45:33,320 --> 00:45:32,460  
thoughts should basically be flush down

957  
00:45:37,520 --> 00:45:33,330  
the toilet

958  
00:45:40,550 --> 00:45:37,530  
it's all about how do you feel you had

959  
00:45:44,060 --> 00:45:40,560  
an experience how did you feel they say

960  
00:45:46,250 --> 00:45:44,070  
that in the feeling is your answer when

961  
00:45:48,530 --> 00:45:46,260  
you have the experience you're going to

962  
00:45:51,050 --> 00:45:48,540  
fail to really completely understand the

963  
00:45:53,450 --> 00:45:51,060

experience if that is followed by any

964

00:45:55,880 --> 00:45:53,460

sort of verbal commentary in your head

965

00:45:58,070 --> 00:45:55,890

you just have to have it once you get

966

00:46:00,710 --> 00:45:58,080

into verbal commentary you're lost you

967

00:46:02,630 --> 00:46:00,720

over you over intellectualize you have a

968

00:46:05,900 --> 00:46:02,640

tendency as they would say in the east

969

00:46:08,750 --> 00:46:05,910

to put legs on a snake ie

970

00:46:11,240 --> 00:46:08,760

you make things much much more

971

00:46:13,400 --> 00:46:11,250

unnecessarily complicated you know I

972

00:46:16,430 --> 00:46:13,410

thought we might return for a minute

973

00:46:18,260 --> 00:46:16,440

because I kind of blew right past it and

974

00:46:20,720 --> 00:46:18,270

I think you said something rather

975

00:46:23,740 --> 00:46:20,730

profound when you said that at the end

976  
00:46:29,030 --> 00:46:23,750  
of the day how you would characterize

977  
00:46:30,470 --> 00:46:29,040  
their culture is primitive but what did

978  
00:46:32,360 --> 00:46:30,480  
you add to that because you don't I

979  
00:46:35,780 --> 00:46:32,370  
don't think you meant primitive in the

980  
00:46:39,530 --> 00:46:35,790  
sense of a derogatory term no so it

981  
00:46:43,850 --> 00:46:39,540  
expound on how we would understand them

982  
00:46:46,490 --> 00:46:43,860  
as a primitive animistic culture well

983  
00:46:51,080 --> 00:46:46,500  
yeah I called him an elegant

984  
00:46:56,320 --> 00:46:51,090  
sophisticated primitivity and I would

985  
00:46:59,270 --> 00:46:56,330  
say that it's it's there's a simplicity

986  
00:47:01,910 --> 00:46:59,280  
there's not the overthinking there's not

987  
00:47:04,940 --> 00:47:01,920  
the you know need to get into trying to

988  
00:47:09,770 --> 00:47:04,950

intellectualize but there are these

989

00:47:13,880 --> 00:47:09,780

amazing subtle nuances to the way they

990

00:47:18,200 --> 00:47:13,890

behave and experience reality that I

991

00:47:21,530 --> 00:47:18,210

there's I cannot put it to words I would

992

00:47:26,890 --> 00:47:21,540

say that if you wanted to look at a

993

00:47:30,980 --> 00:47:26,900

culture that came close to the actual

994

00:47:33,910 --> 00:47:30,990

expression of the old Qi culture I would

995

00:47:37,940 --> 00:47:33,920

you would have to look at the Japanese

996

00:47:41,660 --> 00:47:37,950

you know I guess when I'm still driving

997

00:47:44,930 --> 00:47:41,670

towards and this is the the argument the

998

00:47:47,900 --> 00:47:44,940

debate that I get into with folks who

999

00:47:50,320 --> 00:47:47,910

are really looking deeply into the et

1000

00:47:52,670 --> 00:47:50,330

thing which i think is super duper

1001

00:47:56,120 --> 00:47:52,680

important especially at this time

1002

00:47:59,000 --> 00:47:56,130

because at this time in our culture we

1003

00:48:02,900 --> 00:47:59,010

are looking at disclosure right so 12:17

1004

00:48:05,590 --> 00:48:02,910

new york times ET is here if not ET is

1005

00:48:08,780 --> 00:48:05,600

here the UFO is here right this runs and

1006

00:48:11,300 --> 00:48:08,790

the then not only New York Times The

1007

00:48:13,370 --> 00:48:11,310

Washington Post CBS News Fox News

1008

00:48:17,240 --> 00:48:13,380

everybody okay so they're trying to roll

1009

00:48:19,910 --> 00:48:17,250

out ET and there is this technological

1010

00:48:23,600 --> 00:48:19,920

component to it there is this threat of

1011

00:48:27,440 --> 00:48:23,610

AI of singularity of ET being further

1012

00:48:30,170 --> 00:48:27,450

along but us catching up and I always

1013

00:48:32,030 --> 00:48:30,180

counter it with some of the same lines

1014

00:48:33,859 --> 00:48:32,040

that you're talking about in terms I say

1015

00:48:36,500 --> 00:48:33,869

hey as a yogi I mean one of the

1016

00:48:41,060 --> 00:48:36,510

fundamental things is that I understand

1017

00:48:45,320 --> 00:48:41,070

that I don't have to do anything I am

1018

00:48:49,520 --> 00:48:45,330

just my being is enough I don't have to

1019

00:48:53,930 --> 00:48:49,530

do either doing is is kind of a misstep

1020

00:48:56,090 --> 00:48:53,940

to begin with but how do we effectively

1021

00:49:00,400 --> 00:48:56,100

and I don't know if effectively is even

1022

00:49:04,040 --> 00:49:00,410

the right word we do have this pressing

1023

00:49:06,620 --> 00:49:04,050

technological component both in our

1024

00:49:10,670 --> 00:49:06,630

culture but also in this extended

1025

00:49:12,770 --> 00:49:10,680

consciousness realm who says no what

1026

00:49:16,250 --> 00:49:12,780

you're really looking at Jan is very

1027

00:49:19,460 --> 00:49:16,260

primitive and as soon as we figure it

1028

00:49:22,430 --> 00:49:19,470

out then we're gonna leapfrog pass to

1029

00:49:25,000 --> 00:49:22,440

all that stuff anyway and that's I guess

1030

00:49:28,970 --> 00:49:25,010

what I'm wrestling with back and forth

1031

00:49:31,580 --> 00:49:28,980

you know it's not it's not as though the

1032

00:49:33,710 --> 00:49:31,590

olci are some sort of isolated group

1033

00:49:37,370 --> 00:49:33,720

that live way the heck out in the middle

1034

00:49:38,750 --> 00:49:37,380

of nowhere where there are no roads to

1035

00:49:41,630 --> 00:49:38,760

get there I mean you have to go off

1036

00:49:43,670 --> 00:49:41,640

there through the river and you only get

1037

00:49:44,600 --> 00:49:43,680

it a certain amount of time because you

1038

00:49:46,070 --> 00:49:44,610

know see

1039

00:49:48,050 --> 00:49:46,080

to eight months out of the year there

1040

00:49:50,180 --> 00:49:48,060

you know it's ice slow and you can't

1041

00:49:53,120 --> 00:49:50,190

even get up to where they live it's as

1042

00:49:55,700 --> 00:49:53,130

close to being out there as you can get

1043

00:49:57,770 --> 00:49:55,710

they're totally there they love all the

1044

00:50:00,080 --> 00:49:57,780

new stuff they just you know their

1045

00:50:02,330 --> 00:50:00,090

culture is a living culture that just

1046

00:50:03,950 --> 00:50:02,340

said yeah we all grow and adapt don't

1047

00:50:06,350 --> 00:50:03,960

think that they don't have cell phones

1048

00:50:09,530 --> 00:50:06,360

they have cell phones that you know they

1049

00:50:11,480 --> 00:50:09,540

they they love the technology I mean one

1050

00:50:12,920 --> 00:50:11,490

of the favorite things they you know

1051  
00:50:15,770 --> 00:50:12,930  
they would they would come here and be

1052  
00:50:17,450 --> 00:50:15,780  
here and and they really appreciated the

1053  
00:50:20,390 --> 00:50:17,460  
fact that I can get on the phone and

1054  
00:50:22,550 --> 00:50:20,400  
call for Chinese takeout you know they

1055  
00:50:24,410 --> 00:50:22,560  
just oh that's great people deliver food

1056  
00:50:26,450 --> 00:50:24,420  
to your house that's wonderful that's

1057  
00:50:28,910 --> 00:50:26,460  
super good you know otherwise we're out

1058  
00:50:31,010 --> 00:50:28,920  
in our garden - were out hunting they

1059  
00:50:34,310 --> 00:50:31,020  
just thought that was terrific so

1060  
00:50:36,890 --> 00:50:34,320  
they're not anti technological you know

1061  
00:50:39,590 --> 00:50:36,900  
I remember a group of UCLA students that

1062  
00:50:42,440 --> 00:50:39,600  
came back in the 90 to interview them

1063  
00:50:43,820 --> 00:50:42,450

and boy and so this film crew showed up

1064

00:50:46,250 --> 00:50:43,830

and they were asking them all these

1065

00:50:49,370 --> 00:50:46,260

silly questions and looking for some

1066

00:50:51,350 --> 00:50:49,380

sort of kind of Christian apocalyptic

1067

00:50:54,170 --> 00:50:51,360

what you know what is your culture say

1068

00:50:56,750 --> 00:50:54,180

about some upcoming apocalyptic event

1069

00:50:58,520 --> 00:50:56,760

and and they just look at these people

1070

00:51:01,490 --> 00:50:58,530

like what the heck are you talking about

1071

00:51:03,650 --> 00:51:01,500

and and they were saying oh no they go

1072

00:51:06,620 --> 00:51:03,660

all nuclear power plants that's okay

1073

00:51:09,050 --> 00:51:06,630

this is okay they just say it just has

1074

00:51:10,850 --> 00:51:09,060

to fit in with nature you can put a

1075

00:51:13,490 --> 00:51:10,860

little nuclear plant over here and as

1076

00:51:15,980 --> 00:51:13,500

long as it doesn't spoil the water or

1077

00:51:18,470 --> 00:51:15,990

disturb the animals or do that it's like

1078

00:51:21,320 --> 00:51:18,480

that's cool that's great you know I mean

1079

00:51:25,220 --> 00:51:21,330

that that's wonderful they all I'm

1080

00:51:28,190 --> 00:51:25,230

starting to wonder about the OJ why they

1081

00:51:30,260 --> 00:51:28,200

grow they apt they say listen the only

1082

00:51:33,620 --> 00:51:30,270

way to be the world your power plants

1083

00:51:35,780 --> 00:51:33,630

were always a bad idea from okay fun but

1084

00:51:39,110 --> 00:51:35,790

you but I mean yeah but I'm just using

1085

00:51:41,990 --> 00:51:39,120

that as an example to just give the idea

1086

00:51:43,700 --> 00:51:42,000

that they're not anti technological you

1087

00:51:46,070 --> 00:51:43,710

know they think all good technology

1088

00:51:48,380 --> 00:51:46,080

great okay that's wonderful well but see

1089

00:51:50,690 --> 00:51:48,390

I guess I'm using it as an example of

1090

00:51:53,330 --> 00:51:50,700

the same of of nailing down the

1091

00:51:55,490 --> 00:51:53,340

primitive thing because I totally get

1092

00:51:59,549 --> 00:51:55,500

what you're saying on one hand in terms

1093

00:52:02,400 --> 00:51:59,559

of elegant sophisticated Prem

1094

00:52:06,079 --> 00:52:02,410

but I also want to throw on the table in

1095

00:52:09,750 --> 00:52:06,089

just a very kind of direct way a

1096

00:52:14,160 --> 00:52:09,760

primitive in the sense that they don't

1097

00:52:16,770 --> 00:52:14,170

understand stuff that other people who

1098

00:52:19,740 --> 00:52:16,780

are in this extended consciousness realm

1099

00:52:23,130 --> 00:52:19,750

do understand oh they do understand they

1100

00:52:26,730 --> 00:52:23,140

have the intelligence of their community

1101

00:52:32,270 --> 00:52:26,740

is mighty and varied they're very

1102

00:52:37,260 --> 00:52:34,530

intelligent and ER state they think it's

1103

00:52:41,789 --> 00:52:37,270

great but they they choose it's a choice

1104

00:52:45,450 --> 00:52:41,799

to live a much more simple life a much

1105

00:52:50,900 --> 00:52:45,460

more relaxed life to not to not be a

1106

00:52:54,770 --> 00:52:50,910

culture that is driven by greed or

1107

00:52:58,760 --> 00:52:54,780

necessarily a personal accomplishment or

1108

00:53:01,200 --> 00:52:58,770

they aren't people with high anxiety

1109

00:53:04,440 --> 00:53:01,210

like like people are in the West they

1110

00:53:07,970 --> 00:53:04,450

cannot believe how anxious Westerners

1111

00:53:12,059 --> 00:53:07,980

are they they just have a different

1112

00:53:15,630 --> 00:53:12,069

simple lifestyle and that the simplicity

1113

00:53:17,730 --> 00:53:15,640

comes from not in the Christian sense of

1114

00:53:20,339 --> 00:53:17,740

the term like winning Frank's at France

1115

00:53:22,859 --> 00:53:20,349

st. Francis we're talking about you know

1116

00:53:25,859 --> 00:53:22,869

living a life of poverty it has nothing

1117

00:53:28,620 --> 00:53:25,869

to do in regards to expiate in one sense

1118

00:53:32,280 --> 00:53:28,630

it's learning to live a simple life or

1119

00:53:33,420 --> 00:53:32,290

peace in the world because it's just a

1120

00:53:37,890 --> 00:53:33,430

happier way of being

1121

00:53:39,480 --> 00:53:37,900

yeah but eating but if you if you want

1122

00:53:41,670 --> 00:53:39,490

to go out you know if you want to go out

1123

00:53:42,900 --> 00:53:41,680

and do all this that's great if you want

1124

00:53:44,940 --> 00:53:42,910

to go out and do all this stuff that's

1125

00:53:46,589 --> 00:53:44,950

great they're not gonna make a value

1126

00:53:50,549 --> 00:53:46,599

judgment about it they just have their

1127

00:53:53,520 --> 00:53:50,559

own belief when it comes to how to be a

1128

00:53:57,210 --> 00:53:53,530

good human being on this planet yeah I

1129

00:54:00,059 --> 00:53:57,220

get that and I get the dial thing I also

1130

00:54:02,430 --> 00:54:00,069

get the yogic thing I also get the name

1131

00:54:05,250 --> 00:54:02,440

Karoli Baba thing walk around with a

1132

00:54:07,920 --> 00:54:05,260

broken bowl on your head and be a total

1133

00:54:09,599 --> 00:54:07,930

renunciate because that's the only way I

1134

00:54:12,120 --> 00:54:09,609

can get clean

1135

00:54:15,239 --> 00:54:12,130

of the thoughts and the cultural

1136

00:54:17,640 --> 00:54:15,249

indoctrination and all the materialistic

1137

00:54:20,400 --> 00:54:17,650

documentation I have to totally remove

1138

00:54:23,729 --> 00:54:20,410

myself from that and then I cross over

1139

00:54:25,289 --> 00:54:23,739

to some other understanding which so

1140

00:54:26,190 --> 00:54:25,299

many wisdom traditions have talked about

1141

00:54:28,579 --> 00:54:26,200

and then we get back to the

1142

00:54:31,620 --> 00:54:28,589

Enlightenment thing and then I know

1143

00:54:34,710 --> 00:54:31,630

everything and I can then pick and

1144

00:54:37,019 --> 00:54:34,720

choose what I know what I believe so to

1145

00:54:40,999 --> 00:54:37,029

me what all that means is there's a lot

1146

00:54:45,299 --> 00:54:41,009

of different ways of understanding the

1147

00:54:47,849 --> 00:54:45,309

topology of the full spectrum of

1148

00:54:50,519 --> 00:54:47,859

consciousness and I always come back to

1149

00:54:53,970 --> 00:54:50,529

what are we looking at when we look at

1150

00:54:57,690 --> 00:54:53,980

any particular group like the Ulchi when

1151

00:55:00,450 --> 00:54:57,700

we look at their understanding of full

1152

00:55:02,970 --> 00:55:00,460

spectrum consciousness what are they

1153

00:55:06,059 --> 00:55:02,980

including what are they leaving out and

1154

00:55:08,880 --> 00:55:06,069

why are they including it and or leaving

1155

00:55:12,239 --> 00:55:08,890

it out okay they would say that we all

1156

00:55:15,059 --> 00:55:12,249

instinctually and or intuitive ly feel

1157

00:55:18,989 --> 00:55:15,069

that there's a different dimension to

1158

00:55:23,989 --> 00:55:18,999

ourselves and to nature they would also

1159

00:55:28,140 --> 00:55:23,999

say but it's hard to grasp because it's

1160

00:55:32,819 --> 00:55:28,150

too close it's too general and it's too

1161

00:55:36,989 --> 00:55:32,829

all-encompassing and that that is that

1162

00:55:39,420 --> 00:55:36,999

is reality and that what we're doing is

1163

00:55:42,120 --> 00:55:39,430

that we're in constant dialogue we're in

1164

00:55:46,739 --> 00:55:42,130

constant interaction with all

1165

00:55:50,700 --> 00:55:46,749

consciousness at any time and we're just

1166

00:55:53,460 --> 00:55:50,710

a tuning our thoughts to this realm or

1167

00:55:56,009 --> 00:55:53,470

this realm or this realm it's not that

1168

00:55:58,650 --> 00:55:56,019

they believe say for example that their

1169

00:56:01,259 --> 00:55:58,660

spirits are aren't types of other

1170

00:56:04,019 --> 00:56:01,269

spirits that exist everywhere else of

1171

00:56:06,690 --> 00:56:04,029

course not every spirit or consciousness

1172

00:56:08,009 --> 00:56:06,700

it's for example what every time they

1173

00:56:10,499 --> 00:56:08,019

would come here the first thing they

1174

00:56:11,910 --> 00:56:10,509

would do we would have to go visit our

1175

00:56:15,479 --> 00:56:11,920

friends over on the Suquamish

1176

00:56:17,339 --> 00:56:15,489

reservation the native peoples here they

1177

00:56:20,579 --> 00:56:17,349

would go to the native peoples and

1178

00:56:23,220 --> 00:56:20,589

request we have come here we are on your

1179

00:56:26,499 --> 00:56:23,230

land in your space with your spirit

1180

00:56:29,349 --> 00:56:26,509

do we have your permission to call our

1181

00:56:32,049 --> 00:56:29,359

spirits over here so they through the

1182

00:56:34,809 --> 00:56:32,059

years they developed a very very

1183

00:56:36,999 --> 00:56:34,819

intimate relationship to the people here

1184

00:56:39,279 --> 00:56:37,009

consciousness you're never gonna pin it

1185

00:56:41,410 --> 00:56:39,289

down you know I'm gonna just keep doing

1186

00:56:44,980 --> 00:56:41,420

my work and then I and I think about

1187

00:56:47,049 --> 00:56:44,990

your podcast and I know I'll make them

1188

00:56:49,150 --> 00:56:47,059

I'll make a knowledge claim here I know

1189

00:56:50,470 --> 00:56:49,160

that a hundred years from now people are

1190

00:56:53,440 --> 00:56:50,480

going to be listening to your podcast

1191

00:56:55,329 --> 00:56:53,450

and I'll tell you why because you get

1192

00:56:57,519 --> 00:56:55,339

all the best people and you're getting

1193

00:56:59,799 --> 00:56:57,529

the best people that reminds me of what

1194

00:57:02,349 --> 00:56:59,809

I in the seventies and I was on off to

1195

00:57:04,539 --> 00:57:02,359

eslint Institute every weekend to to

1196

00:57:06,849 --> 00:57:04,549

listen to Alan Watts or stanislav grof

1197

00:57:09,339 --> 00:57:06,859

and these are people in their early part

1198

00:57:11,230 --> 00:57:09,349

of their career really just developing

1199

00:57:12,910 --> 00:57:11,240

their ideas and a lot of the people that

1200

00:57:15,940 --> 00:57:12,920

you've got there isn't there at that

1201  
00:57:18,700 --> 00:57:15,950  
same place they they're coming up their

1202  
00:57:20,710 --> 00:57:18,710  
ideas they're doing their research and a

1203  
00:57:22,420 --> 00:57:20,720  
hundred years from now people are going

1204  
00:57:26,470 --> 00:57:22,430  
to look at the guest that you've been

1205  
00:57:28,329 --> 00:57:26,480  
able to to get onto your show and

1206  
00:57:29,979 --> 00:57:28,339  
they're and they're gonna say oh yeah

1207  
00:57:32,140 --> 00:57:29,989  
you know there were all those podcasts

1208  
00:57:34,269 --> 00:57:32,150  
way back then and they're gonna go but

1209  
00:57:36,579 --> 00:57:34,279  
you got to check out this you got to

1210  
00:57:40,180 --> 00:57:36,589  
check out skeptical because this guy was

1211  
00:57:42,339 --> 00:57:40,190  
an amazing podcast person he you know he

1212  
00:57:44,200 --> 00:57:42,349  
brought all these amazing people they're

1213  
00:57:46,960 --> 00:57:44,210

beginning of their careers and their

1214

00:57:50,979 --> 00:57:46,970

ideas I mean I think that's that I think

1215

00:57:54,279 --> 00:57:50,989

is fantastic you are way too kind to so

1216

00:57:56,799 --> 00:57:54,289

so now so now we are challenged okay you

1217

00:58:00,370 --> 00:57:56,809

and I are challenged to produce just

1218

00:58:02,859 --> 00:58:00,380

such an episode here and you've given us

1219

00:58:04,599 --> 00:58:02,869

a lot of good pieces but I want to

1220

00:58:05,829 --> 00:58:04,609

return to something that you just said a

1221

00:58:07,809 --> 00:58:05,839

minute ago because I thought it was

1222

00:58:09,999 --> 00:58:07,819

really interesting and I want to

1223

00:58:12,249 --> 00:58:10,009

approach it in this kind of skeptical

1224

00:58:15,309 --> 00:58:12,259

kind of way and I keep beating on the

1225

00:58:17,170 --> 00:58:15,319

same drum here to do a play on the very

1226

00:58:19,269 --> 00:58:17,180

cover of your book where there is the

1227

00:58:23,019 --> 00:58:19,279

drum beating and I want to know also

1228

00:58:24,700 --> 00:58:23,029

what is the connection of music to all

1229

00:58:26,319 --> 00:58:24,710

this but that's probably a whole other

1230

00:58:30,130 --> 00:58:26,329

thing we've probably talked an hour on

1231

00:58:32,499 --> 00:58:30,140

that it's I mean it is creates a

1232

00:58:33,930 --> 00:58:32,509

frequency of vibration the idea of

1233

00:58:35,940 --> 00:58:33,940

sympathetic resonance

1234

00:58:38,549 --> 00:58:35,950

which holds true to the consciousness

1235

00:58:40,200 --> 00:58:38,559

you know if you think if that idea if

1236

00:58:42,359 --> 00:58:40,210

you think a certain way or you're

1237

00:58:44,460 --> 00:58:42,369

thinking about things that said that

1238

00:58:47,579 --> 00:58:44,470

consciousness has its own kind of

1239

00:58:51,000 --> 00:58:47,589

sympathetic residents and that it will

1240

00:58:53,359 --> 00:58:51,010

attract it similar you know similar

1241

00:58:56,010 --> 00:58:53,369

fields okay

1242

00:58:58,260 --> 00:58:56,020

related questions so they all Jay come

1243

00:59:02,609 --> 00:58:58,270

here and they say we'd like to connect

1244

00:59:05,099 --> 00:59:02,619

with native people from your land so two

1245

00:59:07,589 --> 00:59:05,109

things one they're kind of stepping over

1246

00:59:09,690 --> 00:59:07,599

our culture but you know for the last

1247

00:59:11,220 --> 00:59:09,700

couple hundred years and saying well you

1248

00:59:14,039 --> 00:59:11,230

know what I really need to do is connect

1249

00:59:17,520 --> 00:59:14,049

with these people why what is special

1250

00:59:19,740 --> 00:59:17,530

about those native people is it the

1251  
00:59:23,520 --> 00:59:19,750  
amount of time that they've been here or

1252  
00:59:25,980 --> 00:59:23,530  
as you suggest you said that there's a

1253  
00:59:28,250 --> 00:59:25,990  
deeper spiritual connection but it also

1254  
00:59:30,960 --> 00:59:28,260  
implies that there are these different

1255  
00:59:35,279 --> 00:59:30,970  
spirit groups that you have your spirit

1256  
00:59:37,680 --> 00:59:35,289  
groups Native Washington right native

1257  
00:59:40,380 --> 00:59:37,690  
people and we have our spirit groups but

1258  
00:59:43,019 --> 00:59:40,390  
they are somehow linked or connected I

1259  
00:59:45,059 --> 00:59:43,029  
mean they didn't ask you Jan to say and

1260  
00:59:47,700 --> 00:59:45,069  
Jan we of course want to connect with

1261  
00:59:50,819 --> 00:59:47,710  
your spirits too and make sure that it's

1262  
00:59:53,010 --> 00:59:50,829  
okay for us very they're very pragmatic

1263  
00:59:55,380 --> 00:59:53,020

it wouldn't matter they want to talk to

1264

00:59:58,109 --> 00:59:55,390

the people who know who the spirits of

1265

01:00:00,029 --> 00:59:58,119

this land have been you know from from

1266

01:00:02,730 --> 01:00:00,039

the beginning of time the people that

1267

01:00:06,029 --> 01:00:02,740

have contact so it's out of courtesy

1268

01:00:09,089 --> 01:00:06,039

hello their whole approach to life is

1269

01:00:10,740 --> 01:00:09,099

it's all the guest host relationship so

1270

01:00:13,289 --> 01:00:10,750

they are guests here and there's a

1271

01:00:16,200 --> 01:00:13,299

certain kind of spiritual and or social

1272

01:00:18,180 --> 01:00:16,210

propriety that's necessary and so they

1273

01:00:21,089 --> 01:00:18,190

go okay who are the people around here

1274

01:00:23,730 --> 01:00:21,099

that really have you can can tell us

1275

01:00:25,260 --> 01:00:23,740

about who the spheres of the land and

1276

01:00:27,599 --> 01:00:25,270

water of nature what's the indigenous

1277

01:00:29,970 --> 01:00:27,609

people so they go and they ask

1278

01:00:31,799 --> 01:00:29,980

permission we're going to do this we

1279

01:00:34,650 --> 01:00:31,809

don't want to offend you we don't want

1280

01:00:37,710 --> 01:00:34,660

to offend your spirits do we have your

1281

01:00:41,309 --> 01:00:37,720

permission to call our spirits over from

1282

01:00:44,279 --> 01:00:41,319

Siberia to join us here why we do our

1283

01:00:45,599 --> 01:00:44,289

work fair enough I don't want to drill

1284

01:00:47,770 --> 01:00:45,609

into it because I think I'm kind of

1285

01:00:49,510 --> 01:00:47,780

getting us off track but I mean they

1286

01:00:53,260 --> 01:00:49,520

asked you to crack open the yellow pages

1287

01:00:55,090 --> 01:00:53,270

and call up mediums or or anything like

1288

01:00:58,150 --> 01:00:55,100

that or they didn't ask you to take you

1289

01:01:01,720 --> 01:00:58,160

over to to s RI and go talk to a

1290

01:01:03,910 --> 01:01:01,730

researcher who's worked with mediums who

1291

01:01:07,660 --> 01:01:03,920

connect with spirits you know they have

1292

01:01:10,080 --> 01:01:07,670

a different yy1 spirit versus another

1293

01:01:12,160 --> 01:01:10,090

spirit and from a practical standpoint

1294

01:01:14,350 --> 01:01:12,170

you know what are they what are they

1295

01:01:16,090 --> 01:01:14,360

saying they're the time is also of

1296

01:01:17,650 --> 01:01:16,100

interest you know you said that the

1297

01:01:19,330 --> 01:01:17,660

spirits that are connected with this

1298

01:01:21,160 --> 01:01:19,340

land over the longest period of time

1299

01:01:23,170 --> 01:01:21,170

what does that say about their

1300

01:01:25,150 --> 01:01:23,180

understanding of time people like you

1301  
01:01:27,040 --> 01:01:25,160  
and I come to question the idea of time

1302  
01:01:29,320 --> 01:01:27,050  
and is it really linear and all the rest

1303  
01:01:31,540 --> 01:01:29,330  
of that and yet they're kind of putting

1304  
01:01:33,820 --> 01:01:31,550  
it on a kind of linear time frame there

1305  
01:01:36,180 --> 01:01:33,830  
any thoughts not necessarily they don't

1306  
01:01:41,740 --> 01:01:36,190  
they you know what we know

1307  
01:01:43,420 --> 01:01:41,750  
scientifically to be true is that the

1308  
01:01:47,050 --> 01:01:43,430  
only things that really exist in nature

1309  
01:01:49,270 --> 01:01:47,060  
are cycles and rhythms now we have

1310  
01:01:51,490 --> 01:01:49,280  
things like clocks and we have time and

1311  
01:01:54,370 --> 01:01:51,500  
we have latitude and longitude and etc

1312  
01:01:56,830 --> 01:01:54,380  
etc and those are social conventions and

1313  
01:01:59,740 --> 01:01:56,840

they're one calendar and they're great

1314

01:02:04,350 --> 01:01:59,750

and and they're useful but it doesn't

1315

01:02:08,170 --> 01:02:04,360

make them real you'll see see time as

1316

01:02:10,900 --> 01:02:08,180

everything as in all in most indigenous

1317

01:02:11,920 --> 01:02:10,910

cultures I can't speak for all and very

1318

01:02:14,950 --> 01:02:11,930

much like the Taoist

1319

01:02:19,930 --> 01:02:14,960

everything is cyclic everything is a

1320

01:02:21,610 --> 01:02:19,940

cycle a medium may interact with

1321

01:02:23,200 --> 01:02:21,620

personal spirits I don't know who the

1322

01:02:25,300 --> 01:02:23,210

spirits are that they're interacting

1323

01:02:28,120 --> 01:02:25,310

with but there's all levels of spirits

1324

01:02:30,040 --> 01:02:28,130

there's all kinds of spirits the Ulchi

1325

01:02:32,890 --> 01:02:30,050

say look we're in your land who are the

1326

01:02:34,890 --> 01:02:32,900

land spheres right who are the who are

1327

01:02:37,870 --> 01:02:34,900

the spirits of this place there are

1328

01:02:41,260 --> 01:02:37,880

there's a for them there is a hierarchy

1329

01:02:43,390 --> 01:02:41,270

of spirits but it's not as though one is

1330

01:02:47,140 --> 01:02:43,400

necessarily in charge of the other it's

1331

01:02:48,910 --> 01:02:47,150

more a really true meritocracy so

1332

01:02:51,340 --> 01:02:48,920

they're interested you know it's like

1333

01:02:53,530 --> 01:02:51,350

everybody has the Sun everybody has the

1334

01:02:55,420 --> 01:02:53,540

moon okay these are the big big cosmic

1335

01:02:57,880 --> 01:02:55,430

spirits but the whole world

1336

01:03:01,990 --> 01:02:57,890

but when you start getting to certain

1337

01:03:04,799 --> 01:03:02,000

areas of the land or the water that

1338

01:03:07,450 --> 01:03:04,809

there's a there's kind of a secondary

1339

01:03:08,950 --> 01:03:07,460

there are other spirits that control

1340

01:03:10,859 --> 01:03:08,960

that and then there are spirits under

1341

01:03:13,770 --> 01:03:10,869

those spirits under those spirits a

1342

01:03:17,200 --> 01:03:13,780

medium may work with his or her own

1343

01:03:19,720 --> 01:03:17,210

spirit spirits that guide them to give

1344

01:03:21,400 --> 01:03:19,730

them information but they aren't the

1345

01:03:24,099 --> 01:03:21,410

bigger spheres they aren't the land

1346

01:03:27,640 --> 01:03:24,109

spirits have you ever talked to the

1347

01:03:29,380 --> 01:03:27,650

altai about for example what people are

1348

01:03:32,079 --> 01:03:29,390

experiencing through this near-death

1349

01:03:34,900 --> 01:03:32,089

experience that we talk about a lot here

1350

01:03:37,059 --> 01:03:34,910

and I know there's a lot of different

1351

01:03:39,460 --> 01:03:37,069

cultures the Tibetan culture and I read

1352

01:03:40,930 --> 01:03:39,470

it in your book you know this I don't

1353

01:03:42,339 --> 01:03:40,940

want to say it's not an under rule

1354

01:03:45,880 --> 01:03:42,349

because they don't call it an underworld

1355

01:03:49,450 --> 01:03:45,890

but this afterlife world what is our

1356

01:03:52,390 --> 01:03:49,460

relationship with that after bodily

1357

01:03:54,040 --> 01:03:52,400

death now that's a great question here's

1358

01:03:56,349 --> 01:03:54,050

something that I think I don't think

1359

01:03:59,920 --> 01:03:56,359

anybody's ever thought of or been aware

1360

01:04:02,680 --> 01:03:59,930

of they talk a lot about ancestors right

1361

01:04:05,890 --> 01:04:02,690

people talk about ancestors and shamans

1362

01:04:08,859 --> 01:04:05,900

have do this ancestral worship the old

1363

01:04:10,539 --> 01:04:08,869

cheedo this is what they believe you're

1364

01:04:13,030 --> 01:04:10,549

gonna like this especially when it comes

1365

01:04:15,099 --> 01:04:13,040

to past lives they believe that we're

1366

01:04:17,349 --> 01:04:15,109

here for a limited amount of time and

1367

01:04:19,420 --> 01:04:17,359

we're really lucky to be here and that

1368

01:04:23,410 --> 01:04:19,430

we should expend if you really want to

1369

01:04:27,309 --> 01:04:23,420

experience the world or the or the the

1370

01:04:29,980 --> 01:04:27,319

best way of experiencing the world in a

1371

01:04:34,299 --> 01:04:29,990

more accurate way is by using your

1372

01:04:37,240 --> 01:04:34,309

senses and using your your nervous

1373

01:04:39,640 --> 01:04:37,250

system and using how you and and

1374

01:04:43,359 --> 01:04:39,650

thinking about how something feels not

1375

01:04:44,799 --> 01:04:43,369

just emotionally but somatically so they

1376

01:04:46,539 --> 01:04:44,809

believe we're here for a certain amount

1377

01:04:49,720 --> 01:04:46,549

of time it's a great gift to be on this

1378

01:04:52,230 --> 01:04:49,730

planet you know but when we're passing

1379

01:04:55,809 --> 01:04:52,240

through you know we're we're lucky we

1380

01:05:00,010 --> 01:04:55,819

reincarnated here we will come and go

1381

01:05:03,819 --> 01:05:00,020

but nature is eternal now once we pass

1382

01:05:06,809 --> 01:05:03,829

on they say that the transition into

1383

01:05:09,250 --> 01:05:06,819

that next world could take a year or so

1384

01:05:11,320 --> 01:05:09,260

so your transition

1385

01:05:14,710 --> 01:05:11,330

and then they have their whole ceremony

1386

01:05:17,230 --> 01:05:14,720

about offering food and clothing to this

1387

01:05:20,920 --> 01:05:17,240

person for that year-long transition

1388

01:05:23,680 --> 01:05:20,930

well once that's done they have big

1389

01:05:25,630 --> 01:05:23,690

cultural taboos about you can't use the

1390

01:05:27,580 --> 01:05:25,640

person's name anymore and you can't do

1391

01:05:30,580 --> 01:05:27,590

this and you can't do that you don't

1392

01:05:32,770 --> 01:05:30,590

want to think about them if they fell up

1393

01:05:35,320 --> 01:05:32,780

to you in a dream and they come visit

1394

01:05:35,950 --> 01:05:35,330

you that's great but you have to let

1395

01:05:38,830 --> 01:05:35,960

them go

1396

01:05:41,680 --> 01:05:38,840

and it's because after you die that

1397

01:05:43,680 --> 01:05:41,690

wherever you end up going you're going

1398

01:05:47,200 --> 01:05:43,690

to be there for thousands of years

1399

01:05:51,460 --> 01:05:47,210

whatever this new thing is and that if

1400

01:05:54,100 --> 01:05:51,470

and as you start to go into that new

1401

01:05:57,100 --> 01:05:54,110

life on the other world if you were to

1402

01:05:59,290 --> 01:05:57,110

call them back it would be very rude it

1403

01:06:02,050 --> 01:05:59,300

would be calling them back to a life

1404

01:06:03,670 --> 01:06:02,060

that they're no longer connected to

1405

01:06:05,830 --> 01:06:03,680

it's like saying what you know would be

1406

01:06:08,770 --> 01:06:05,840

like in the next world you're asking

1407

01:06:11,290 --> 01:06:08,780

them to come back and relive a path it

1408

01:06:13,480 --> 01:06:11,300

would be their past life so you never

1409

01:06:15,850 --> 01:06:13,490

call on them you let them you let them

1410

01:06:17,560 --> 01:06:15,860

go if they visit you that's great they

1411

01:06:19,660 --> 01:06:17,570

may visit you for a while and they'll

1412

01:06:22,510 --> 01:06:19,670

disappear but they've moved on to their

1413

01:06:26,230 --> 01:06:22,520

next life how would you personally

1414

01:06:28,900 --> 01:06:26,240

reconcile that with this idea of the

1415

01:06:31,720 --> 01:06:28,910

love connection because when you look at

1416

01:06:33,430 --> 01:06:31,730

the NDE literature and you look at some

1417

01:06:35,830 --> 01:06:33,440

of the after death communication

1418

01:06:39,220 --> 01:06:35,840

literature what comes through in that

1419

01:06:42,450 --> 01:06:39,230

data if you will is that it's the love

1420

01:06:46,210 --> 01:06:42,460

the bond that we form with these other

1421

01:06:48,130 --> 01:06:46,220

Souls that does bring us back and that

1422

01:06:51,070 --> 01:06:48,140

the after death communication says that

1423

01:06:54,670 --> 01:06:51,080

these folks are looking down on us that

1424

01:06:57,250 --> 01:06:54,680

the ancestors the ancestors are here and

1425

01:06:59,740 --> 01:06:57,260

they're here for a long time so I know

1426

01:07:01,600 --> 01:06:59,750

this goes against what the Ulchi is

1427

01:07:02,920 --> 01:07:01,610

saying and maybe it doesn't maybe it can

1428

01:07:05,020 --> 01:07:02,930

be reconciled in the way that you're

1429

01:07:07,030 --> 01:07:05,030

saying that the altie say well just that

1430

01:07:08,980 --> 01:07:07,040

may be true but don't pull them in don't

1431

01:07:10,720 --> 01:07:08,990

bug them so that they can get on with

1432

01:07:12,370 --> 01:07:10,730

their own stuff but what do you make of

1433

01:07:15,990 --> 01:07:12,380

the love connection in general and that

1434

01:07:19,600 --> 01:07:16,000

in particular I agree with a local

1435

01:07:22,520 --> 01:07:19,610

connection in regards to the old you say

1436

01:07:25,640 --> 01:07:22,530

that the truest person that

1437

01:07:27,590 --> 01:07:25,650

is most natural is a human hearted

1438

01:07:29,840 --> 01:07:27,600

person and that that's what they

1439

01:07:31,790 --> 01:07:29,850

classify but they'll never get in there

1440

01:07:36,500 --> 01:07:31,800

like Confucius they'll never get into

1441

01:07:40,460 --> 01:07:36,510

explaining what that means they they do

1442

01:07:43,330 --> 01:07:40,470

believe that special people people that

1443

01:07:47,570 --> 01:07:43,340

were exceptional in their culture do

1444

01:07:50,540 --> 01:07:47,580

ascend beyond and go to a realm that

1445

01:07:53,090 --> 01:07:50,550

they do become kind of clan protectors

1446

01:07:55,040 --> 01:07:53,100

or ancestors but they do believe that

1447

01:07:58,850 --> 01:07:55,050

you would have to have had a very

1448

01:08:01,550 --> 01:07:58,860

exceptional life not to to get into that

1449

01:08:05,390 --> 01:08:01,560

realm and not end up just sort of going

1450

01:08:07,340 --> 01:08:05,400

on to you know your next journey this

1451

01:08:10,190 --> 01:08:07,350

next life you're going to go to they

1452

01:08:11,390 --> 01:08:10,200

believe that in this other world you're

1453

01:08:13,760 --> 01:08:11,400

going to live you're gonna have a long

1454

01:08:15,470 --> 01:08:13,770

life there two or three thousand years

1455

01:08:18,440 --> 01:08:15,480

and then once you're there you die there

1456

01:08:19,849 --> 01:08:18,450

and then you're reborn again and you

1457

01:08:22,039 --> 01:08:19,859

could come back to this planet or you

1458

01:08:23,300 --> 01:08:22,049

could go be an et on another planet who

1459

01:08:26,240 --> 01:08:23,310

knows where you're going to be reborn

1460

01:08:28,760 --> 01:08:26,250

they could be anywhere what are you

1461

01:08:30,500 --> 01:08:28,770

making this always fascinates me is the

1462

01:08:31,910 --> 01:08:30,510

reincarnation thing one of the things I

1463

01:08:35,059 --> 01:08:31,920

don't think is interesting about that is

1464

01:08:39,220 --> 01:08:35,069

when you try and pin it down culturally

1465

01:08:42,410 --> 01:08:39,230

you wind up with some very specific

1466

01:08:44,270 --> 01:08:42,420

differences in what people believe right

1467

01:08:47,030 --> 01:08:44,280

like what you just said right there is

1468

01:08:49,460 --> 01:08:47,040

something really kind of specific that

1469

01:08:51,140 --> 01:08:49,470

doesn't go into other cultures other

1470

01:08:54,440 --> 01:08:51,150

cultures say hey you can reincarnation

1471

01:08:57,140 --> 01:08:54,450

it only happens three times I have 15

1472

01:08:59,360 --> 01:08:57,150

times or the interval between times is

1473

01:09:00,770 --> 01:08:59,370

you know 50 years or a hundred years

1474

01:09:03,470 --> 01:09:00,780

well like you just said thousands years

1475

01:09:05,500 --> 01:09:03,480

and then you go look at you know Jim

1476

01:09:07,280 --> 01:09:05,510

Tucker even Stan Stephenson at

1477

01:09:09,200 --> 01:09:07,290

University of Virginia and they said

1478

01:09:11,240 --> 01:09:09,210

gosh darn it was trying to study at the

1479

01:09:16,099 --> 01:09:11,250

scientific way and now we have this kid

1480

01:09:18,950 --> 01:09:16,109

who was it is born in the 80s or 90s and

1481

01:09:21,550 --> 01:09:18,960

he's remembering vivid memories of world

1482

01:09:24,740 --> 01:09:21,560

war ii fighter pilot on other kids so

1483

01:09:28,099 --> 01:09:24,750

what do you make of that data and in

1484

01:09:30,800 --> 01:09:28,109

general what we do when we have data

1485

01:09:34,550 --> 01:09:30,810

that comes back that contradicts other

1486

01:09:36,019 --> 01:09:34,560

data in this extended consciousness

1487

01:09:37,819 --> 01:09:36,029

realm thing because again we have

1488

01:09:40,849 --> 01:09:37,829

this conversation Jim I think this is

1489

01:09:43,249 --> 01:09:40,859

great I think I mean even you know if

1490

01:09:45,919 --> 01:09:43,259

you try first of all you have to be

1491

01:09:47,839 --> 01:09:45,929

comfortable with ambiguity you know I

1492

01:09:50,059 --> 01:09:47,849

would tree if I tried to pen down the

1493

01:09:52,039 --> 01:09:50,069

whole tree with a tango is that really

1494

01:09:53,089 --> 01:09:52,049

true they go well I don't know we

1495

01:09:56,569 --> 01:09:53,099

haven't been there yet

1496

01:09:59,839 --> 01:09:56,579

who knows be open keep keep an open mind

1497

01:10:02,029 --> 01:09:59,849

this is what we've heard some people say

1498

01:10:03,799 --> 01:10:02,039

this some people say this some people

1499

01:10:06,859 --> 01:10:03,809

they say that we haven't been there

1500

01:10:09,950 --> 01:10:06,869

being open to everything so all this all

1501

01:10:11,450 --> 01:10:09,960

this NDE and reincarnation I listen to

1502

01:10:13,580 --> 01:10:11,460

it I watch it I'm aware of the

1503

01:10:16,189 --> 01:10:13,590

University of Virginia's research and

1504

01:10:19,209 --> 01:10:16,199

we're you know I look at the work by

1505

01:10:21,529 --> 01:10:19,219

Robert John and Brenda Don I've you know

1506

01:10:24,410 --> 01:10:21,539

it's fantastic

1507

01:10:26,120 --> 01:10:24,420

who knows that's what makes the jury

1508

01:10:27,859 --> 01:10:26,130

that you know it's not it that's what

1509

01:10:30,500 --> 01:10:27,869

makes everything so wonderful and

1510

01:10:32,240 --> 01:10:30,510

exciting is it we're we're you know and

1511

01:10:35,450 --> 01:10:32,250

yes it's going to be contradictory who

1512

01:10:39,470 --> 01:10:35,460

knows just keep on going let's find out

1513

01:10:43,160 --> 01:10:39,480

what we can find out science isn't wrong

1514

01:10:46,520 --> 01:10:43,170

it's just incomplete well said right and

1515

01:10:47,810 --> 01:10:46,530

I love all the new stuff that's coming I

1516

01:10:49,250 --> 01:10:47,820

mean I you know I listen to you the

1517

01:10:51,830 --> 01:10:49,260

people to come on your show it's like

1518

01:10:54,919 --> 01:10:51,840

wow that's another idea I don't say I

1519

01:10:58,339 --> 01:10:54,929

I'm not a this is not about making

1520

01:11:00,649 --> 01:10:58,349

people wrong you know the only people I

1521

01:11:03,290 --> 01:11:00,659

think are wrong in any of this are the

1522

01:11:06,500 --> 01:11:03,300

hardcore materialistic scientists when

1523

01:11:09,379 --> 01:11:06,510

given evidence that is in flat

1524

01:11:11,569 --> 01:11:09,389

contradiction to what they're saying

1525

01:11:13,729 --> 01:11:11,579

rather than being true scientist about

1526

01:11:15,859 --> 01:11:13,739

it which a lot of them have come that

1527

01:11:20,000 --> 01:11:15,869

way and said Wow here's some new data

1528

01:11:22,370 --> 01:11:20,010

let's go check this out I I was I had I

1529

01:11:24,709 --> 01:11:22,380

was mistaken let's go here you know

1530

01:11:26,479 --> 01:11:24,719

those those are the true scientists the

1531

01:11:28,100 --> 01:11:26,489

other ones you know they go no it can't

1532

01:11:30,290 --> 01:11:28,110

be possible and we don't care about all

1533

01:11:32,240 --> 01:11:30,300

your research studies and I don't care

1534

01:11:33,319 --> 01:11:32,250

if you did a triple blind test and bla

1535

01:11:35,299 --> 01:11:33,329

bla bla bla bla

1536

01:11:39,169 --> 01:11:35,309

you're wrong wrong wrong that kind of

1537

01:11:42,200 --> 01:11:39,179

arrogant attitude by those people that

1538

01:11:44,839 --> 01:11:42,210

those people are wrong everybody else

1539

01:11:47,839 --> 01:11:44,849

yeah everybody else is just exploring

1540

01:11:49,070 --> 01:11:47,849

and discovering and adding it working

1541

01:11:51,560 --> 01:11:49,080

hard and you know

1542

01:11:55,100 --> 01:11:51,570

to add to our knowledge base and that's

1543

01:11:58,640 --> 01:11:55,110

so exciting yeah yeah I always like the

1544

01:12:00,740 --> 01:11:58,650

you know not even wrong kind of thing so

1545

01:12:02,480 --> 01:12:00,750

to me there's nothing wrong with being

1546

01:12:04,760 --> 01:12:02,490

wrong I'm wrong all the time

1547

01:12:07,070 --> 01:12:04,770

I celebrate other people are wrong what

1548

01:12:10,610 --> 01:12:07,080

I have a hard time tolerating are the

1549

01:12:13,370 --> 01:12:10,620

folks who are not even wrong like not

1550

01:12:15,380 --> 01:12:13,380

even in the ballpark of talking about

1551

01:12:17,620 --> 01:12:15,390

the same thing so like you're saying if

1552

01:12:20,480 --> 01:12:17,630

you think consciousness isn't

1553

01:12:23,510 --> 01:12:20,490

epiphenomena to the brain it's not that

1554

01:12:26,240 --> 01:12:23,520

you're wrong it's you're not even wrong

1555

01:12:28,280 --> 01:12:26,250

in the sense of we can't begin to have

1556

01:12:30,380 --> 01:12:28,290

this conversation and I think that that

1557

01:12:32,960 --> 01:12:30,390

to me is also interesting back to what

1558

01:12:35,630 --> 01:12:32,970

we're saying about this secret knowledge

1559

01:12:38,030 --> 01:12:35,640

kind of thing in secret society thing

1560

01:12:40,490 --> 01:12:38,040

because I think there's a little clue

1561

01:12:42,320 --> 01:12:40,500

there that these cultures are leaving

1562

01:12:44,540 --> 01:12:42,330

for us and one from one of my

1563

01:12:47,420 --> 01:12:44,550

interpretations of that is that you

1564

01:12:51,410 --> 01:12:47,430

you're just gonna only get so far with

1565

01:12:54,050 --> 01:12:51,420

certain people who are not indoctrinated

1566

01:12:56,870 --> 01:12:54,060

or not passing the litmus test or not

1567

01:12:59,360 --> 01:12:56,880

getting to that level and I love what

1568

01:13:01,460 --> 01:12:59,370

you said just about how they deal with

1569

01:13:04,010 --> 01:13:01,470

different beliefs they go well you know

1570

01:13:08,270 --> 01:13:04,020

hey it could be this could be this that

1571

01:13:11,960 --> 01:13:08,280

seems like an advanced way of thinking

1572

01:13:14,210 --> 01:13:11,970

about this stuff that isn't super

1573

01:13:17,180 --> 01:13:14,220

interested in engaging with stuff that

1574

01:13:19,790 --> 01:13:17,190

people who haven't even gotten to the

1575

01:13:21,680 --> 01:13:19,800

first leg of the journey you know right

1576

01:13:23,930 --> 01:13:21,690

well they say even for Westerners they

1577

01:13:26,270 --> 01:13:23,940

would always say go listen to what

1578

01:13:28,100 --> 01:13:26,280

everybody has to say go out there and

1579

01:13:31,370 --> 01:13:28,110

explore listen to what people have to

1580

01:13:34,400 --> 01:13:31,380

say you'll either you know it's it's

1581

01:13:37,010 --> 01:13:34,410

important to always be in an open frame

1582

01:13:40,400 --> 01:13:37,020

of mind and and but they will also say

1583

01:13:43,670 --> 01:13:40,410

intuitively instinctively you're gonna

1584

01:13:47,390 --> 01:13:43,680

feel no I'm not quite sure about this

1585

01:13:50,660 --> 01:13:47,400

and that those those are the keys to

1586

01:13:52,550 --> 01:13:50,670

understanding is that even well maybe I

1587

01:13:55,520 --> 01:13:52,560

don't know I just get this funny feeling

1588

01:13:57,880 --> 01:13:55,530

that those feelings are very important

1589

01:14:01,130 --> 01:13:57,890

Jim what do you think is the most

1590

01:14:03,320 --> 01:14:01,140

significant personal transformation that

1591

01:14:06,530 --> 01:14:03,330

you've had through your in

1592

01:14:10,850 --> 01:14:06,540

counter with the old chain my most

1593

01:14:13,490 --> 01:14:10,860

personal would be I'm a great skeptic

1594

01:14:16,340 --> 01:14:13,500

Alex oh when these people first came

1595

01:14:18,620 --> 01:14:16,350

here ever said oh yeah yeah okay prove

1596

01:14:20,990 --> 01:14:18,630

it to me come to my bookstore and share

1597

01:14:22,910 --> 01:14:21,000

the ideas but I'm not really buying it

1598

01:14:25,550 --> 01:14:22,920

no I'm not buying into this it's like

1599

01:14:27,800 --> 01:14:25,560

okay you prove it if you prove it to me

1600

01:14:31,850 --> 01:14:27,810

I you know I'm going to sit back there

1601  
01:14:34,400 --> 01:14:31,860  
and be an ignorant stupid person as I

1602  
01:14:36,740 --> 01:14:34,410  
said noticing how these people are in

1603  
01:14:40,700 --> 01:14:36,750  
the world and noticing how the world

1604  
01:14:43,790 --> 01:14:40,710  
responds to them especially with nature

1605  
01:14:45,860 --> 01:14:43,800  
encounters that I had with them it's

1606  
01:14:48,950 --> 01:14:45,870  
pretty magical they're they're just

1607  
01:14:51,350 --> 01:14:48,960  
they're just amazing magical people all

1608  
01:14:54,380 --> 01:14:51,360  
sorts of every time I was with them

1609  
01:14:56,840 --> 01:14:54,390  
there would be some sort of anomalous

1610  
01:14:59,930 --> 01:14:56,850  
event that would go on inside my home or

1611  
01:15:01,820 --> 01:14:59,940  
something would happen or we would you

1612  
01:15:04,580 --> 01:15:01,830  
know we would go somewhere and I would

1613  
01:15:06,970 --> 01:15:04,590

you know watch these people walk into a

1614

01:15:11,240 --> 01:15:06,980

room and blow out all the lights you

1615

01:15:15,020 --> 01:15:11,250

know in in the studio or this would

1616

01:15:18,470 --> 01:15:15,030

happen and it would like okay like right

1617

01:15:21,710 --> 01:15:18,480

on cue things would happen so it was

1618

01:15:23,960 --> 01:15:21,720

just amazing amazing to watch them they

1619

01:15:24,650 --> 01:15:23,970

they are truly you know they are truly

1620

01:15:27,620 --> 01:15:24,660

Yoda

1621

01:15:31,130 --> 01:15:27,630

they are truly dr. Doolittle when it

1622

01:15:34,100 --> 01:15:31,140

comes to being able to just seamlessly

1623

01:15:36,710 --> 01:15:34,110

interact with nature and watch nature

1624

01:15:39,230 --> 01:15:36,720

respond to them and when I would see

1625

01:15:41,270 --> 01:15:39,240

that I would I would think I don't know

1626

01:15:44,360 --> 01:15:41,280

what that is but I want to learn that I

1627

01:15:48,020 --> 01:15:44,370

want to hang around about around these

1628

01:15:49,850 --> 01:15:48,030

people and and really try to get how how

1629

01:15:54,460 --> 01:15:49,860

is this being done what are they doing

1630

01:15:57,260 --> 01:15:54,470

how are they being that is causing these

1631

01:16:00,950 --> 01:15:57,270

responses to them has it led to you

1632

01:16:02,810 --> 01:16:00,960

having any direct connection with the

1633

01:16:06,470 --> 01:16:02,820

spirit world that you weren't able to

1634

01:16:09,710 --> 01:16:06,480

have before it's deepened my connection

1635

01:16:11,510 --> 01:16:09,720

and my dreams because that there's no

1636

01:16:13,760 --> 01:16:11,520

difference between the spirit world and

1637

01:16:15,920 --> 01:16:13,770

your dream world that's one thing to be

1638

01:16:16,969 --> 01:16:15,930

aware that the spirit world is the dream

1639

01:16:19,250 --> 01:16:16,979

world

1640

01:16:20,810 --> 01:16:19,260

and we all go there every night you

1641

01:16:24,680 --> 01:16:20,820

don't have to go spend a lot of money

1642

01:16:26,120 --> 01:16:24,690

and and and buy classes to learn how to

1643

01:16:29,600 --> 01:16:26,130

be there you're there every night it's

1644

01:16:31,129 --> 01:16:29,610

natural what about folks who have and

1645

01:16:34,489 --> 01:16:31,139

I've talked to several of them on this

1646

01:16:37,370 --> 01:16:34,499

show who have explored the astral realm

1647

01:16:40,279 --> 01:16:37,380

and would maybe pick that apart a little

1648

01:16:43,640 --> 01:16:40,289

bit and say they're very similar but

1649

01:16:47,180 --> 01:16:43,650

there is a astral world where your body

1650

01:16:50,810 --> 01:16:47,190

is is more removed from that dream state

1651  
01:16:52,520 --> 01:16:50,820  
would that be inconsistent with what

1652  
01:16:54,890 --> 01:16:52,530  
either you've experienced or with what

1653  
01:16:55,850 --> 01:16:54,900  
the Ulchi are telling us no because

1654  
01:16:57,379 --> 01:16:55,860  
they're always shape-shift

1655  
01:16:59,149 --> 01:16:57,389  
so shape-shifting out of the dreamworld

1656  
01:17:01,430 --> 01:16:59,159  
into the astral world where you're going

1657  
01:17:03,979 --> 01:17:01,440  
and visiting other people well in the I

1658  
01:17:06,890 --> 01:17:03,989  
mean they can they can be in their

1659  
01:17:09,259 --> 01:17:06,900  
bodily form in these dream worlds or

1660  
01:17:11,989 --> 01:17:09,269  
astral worlds or whatever or they can be

1661  
01:17:14,000 --> 01:17:11,999  
in another form or they can be little

1662  
01:17:18,199 --> 01:17:14,010  
dots of life is whatever they choose to

1663  
01:17:21,969 --> 01:17:18,209

be what has been the process for you in

1664

01:17:24,799 --> 01:17:21,979

terms of learning to deepen your dreams

1665

01:17:27,379 --> 01:17:24,809

learning to deepen your ability to

1666

01:17:29,390 --> 01:17:27,389

access that lucid dreaming thing is

1667

01:17:31,149 --> 01:17:29,400

there anything you can pass along to

1668

01:17:33,859 --> 01:17:31,159

other people in terms of what that

1669

01:17:37,640 --> 01:17:33,869

process has been like for you just pay

1670

01:17:40,520 --> 01:17:37,650

attention it's not it's not a technique

1671

01:17:42,049 --> 01:17:40,530

just you know it's just saying okay when

1672

01:17:44,600 --> 01:17:42,059

I go to beds now I'm gonna remember my

1673

01:17:47,930 --> 01:17:44,610

dreams or I'm going to do this or it

1674

01:17:50,239 --> 01:17:47,940

just keeping it keeping it circulating

1675

01:17:52,609 --> 01:17:50,249

in your conscious that at night when you

1676

01:17:55,310 --> 01:17:52,619

go to sleep you go there we all go there

1677

01:17:59,120 --> 01:17:55,320

we all go through the state it's natural

1678

01:18:03,979 --> 01:17:59,130

and that at some point you know if you

1679

01:18:07,040 --> 01:18:03,989

wake up in the dream then you can begin

1680

01:18:10,850 --> 01:18:07,050

to explore a little bit more in this

1681

01:18:12,979 --> 01:18:10,860

world but no I'm I'm always working you

1682

01:18:15,410 --> 01:18:12,989

know I'm always working I have lots of

1683

01:18:17,359 --> 01:18:15,420

students that I've been seeing for years

1684

01:18:19,759 --> 01:18:17,369

and they're much better at this than I

1685

01:18:22,969 --> 01:18:19,769

am talk a little bit about how you help

1686

01:18:26,629 --> 01:18:22,979

people in various ways through your

1687

01:18:29,530 --> 01:18:26,639

practice well I I have I have students

1688

01:18:31,960 --> 01:18:29,540

and I teach classes on this is

1689

01:18:34,480 --> 01:18:31,970

a specific form of classical shamanism

1690

01:18:38,140 --> 01:18:34,490

and I just imparted them what the old

1691

01:18:39,820 --> 01:18:38,150

tree say I try to remind them that it's

1692

01:18:43,740 --> 01:18:39,830

important not to get into the

1693

01:18:46,690 --> 01:18:43,750

intellectual realm once an experience is

1694

01:18:49,480 --> 01:18:46,700

if once you have an experience just sit

1695

01:18:52,000 --> 01:18:49,490

there and and feel what that's all about

1696

01:18:54,310 --> 01:18:52,010

that will be much more informative than

1697

01:18:56,740 --> 01:18:54,320

getting into trying to make meaning out

1698

01:18:58,420 --> 01:18:56,750

of it I don't teach people but I just

1699

01:19:01,000 --> 01:18:58,430

try to remind people that they naturally

1700

01:19:02,770 --> 01:19:01,010

have these skills and that people need

1701

01:19:04,330 --> 01:19:02,780

to trust themselves and that's what it

1702

01:19:06,820 --> 01:19:04,340

all comes down to people don't trust

1703

01:19:09,070 --> 01:19:06,830

themselves well definitely in the

1704

01:19:11,110 --> 01:19:09,080

shownotes hook people up with again your

1705

01:19:12,760 --> 01:19:11,120

website which is excellent just so

1706

01:19:15,010 --> 01:19:12,770

beautifully done I don't know well thank

1707

01:19:16,510 --> 01:19:15,020

you if you did that or if you had some

1708

01:19:18,520 --> 01:19:16,520

other folks do it but it's it's really

1709

01:19:21,040 --> 01:19:18,530

pretty remarkable I wasn't really

1710

01:19:23,290 --> 01:19:21,050

impressed so what we definitely want to

1711

01:19:27,790 --> 01:19:23,300

connect people with that do you think

1712

01:19:31,360 --> 01:19:27,800

Jam that there was a reason for the

1713

01:19:34,450 --> 01:19:31,370

Ulchi to connect with you here in the

1714

01:19:39,130 --> 01:19:34,460

West in Washington who knows maybe yes

1715

01:19:45,280 --> 01:19:39,140

maybe no who's to say did you ever ask

1716

01:19:47,350 --> 01:19:45,290

I've asked them a few times and well why

1717

01:19:49,750 --> 01:19:47,360

are you why are you here oh well because

1718

01:19:52,900 --> 01:19:49,760

our spirit says you know our spirits

1719

01:19:55,750 --> 01:19:52,910

talk to your spirits and so you took up

1720

01:19:57,880 --> 01:19:55,760

the banner and you and it was like okay

1721

01:20:00,880 --> 01:19:57,890

that's great okay wonderful I mean who

1722

01:20:02,710 --> 01:20:00,890

knows you know and and Alex I was going

1723

01:20:05,860 --> 01:20:02,720

to say those aren't the questions I

1724

01:20:08,410 --> 01:20:05,870

asked myself I'm still asking okay how

1725

01:20:13,150 --> 01:20:08,420

is it done like you I'm going is there a

1726

01:20:16,960 --> 01:20:13,160

technique this it's like how are how are

1727

01:20:19,600 --> 01:20:16,970

these people able to be the way they are

1728

01:20:22,330 --> 01:20:19,610

in the world and you're in a house with

1729

01:20:24,340 --> 01:20:22,340

them and things start flying around cups

1730

01:20:26,950 --> 01:20:24,350

and saucers that will fly around in the

1731

01:20:29,440 --> 01:20:26,960

house or lights get exploded you're out

1732

01:20:30,670 --> 01:20:29,450

with it with them in nature and things

1733

01:20:33,430 --> 01:20:30,680

start to happen

1734

01:20:36,070 --> 01:20:33,440

you know they animals wild animals come

1735

01:20:38,800 --> 01:20:36,080

up to you or you're downstairs in a

1736

01:20:39,770 --> 01:20:38,810

sealed room and they're talking about

1737

01:20:41,630 --> 01:20:39,780

the north

1738

01:20:43,310 --> 01:20:41,640

and everything is sealed and locked and

1739

01:20:46,970 --> 01:20:43,320

suddenly there's a wind in the middle of

1740

01:20:49,070 --> 01:20:46,980

the room so how do I I'm still in the

1741

01:20:52,370 --> 01:20:49,080

how is that good and I'm and I know that

1742

01:20:53,900 --> 01:20:52,380

I'm probably probably too Western in my

1743

01:20:56,180 --> 01:20:53,910

approach because I don't know if I'll

1744

01:20:59,500 --> 01:20:56,190

ever know the how I think it's about

1745

01:21:03,770 --> 01:20:59,510

being in a certain state of

1746

01:21:06,230 --> 01:21:03,780

consciousness and I I don't know it'll

1747

01:21:09,890 --> 01:21:06,240

just you know I'll always be asking that

1748

01:21:11,000 --> 01:21:09,900

question till I'm till I'm gone and but

1749

01:21:12,560 --> 01:21:11,010

that's what you know that's what

1750

01:21:14,810 --> 01:21:12,570

encourages me to wake up every morning

1751

01:21:17,000 --> 01:21:14,820

and keep you know to keep on the

1752

01:21:19,670 --> 01:21:17,010

adventure and to keep exploring and to

1753

01:21:23,150 --> 01:21:19,680

see what I come up with I do have to say

1754

01:21:26,240 --> 01:21:23,160

I think that's wonderful I think you're

1755

01:21:28,910 --> 01:21:26,250

one of these transitional people and I

1756

01:21:30,950 --> 01:21:28,920

don't know if I'm answering my own

1757

01:21:34,730 --> 01:21:30,960

question a minute from a minute ago but

1758

01:21:38,150 --> 01:21:34,740

I don't think a lot of people can really

1759

01:21:41,240 --> 01:21:38,160

feel comfortable with one foot in both

1760

01:21:45,050 --> 01:21:41,250

these worlds as you do because obviously

1761

01:21:48,710 --> 01:21:45,060

you are deeply interested in the deeper

1762

01:21:50,710 --> 01:21:48,720

spiritual aspects of this but at the

1763

01:21:54,050 --> 01:21:50,720

same time you're bringing that

1764

01:21:57,290 --> 01:21:54,060

scientific break it apart deconstruct it

1765

01:21:59,840 --> 01:21:57,300

where's your iPhone kind of vibe kind of

1766

01:22:01,640 --> 01:21:59,850

thing and then on the third leg you're

1767

01:22:05,000 --> 01:22:01,650

saying of course none of that matters or

1768

01:22:07,970 --> 01:22:05,010

means anything anyway but I mean I'm

1769

01:22:10,640 --> 01:22:07,980

trying to really understand them and

1770

01:22:12,770 --> 01:22:10,650

their planet and bring it back and

1771

01:22:14,480 --> 01:22:12,780

translate it it's like I'm going to

1772

01:22:16,940 --> 01:22:14,490

plant an oak tree and I've come back and

1773

01:22:20,240 --> 01:22:16,950

planted old she is not like trust me

1774

01:22:21,740 --> 01:22:20,250

it's not like the West at all so I'm

1775

01:22:23,870 --> 01:22:21,750

trying to come back to our planet and

1776

01:22:27,920 --> 01:22:23,880

try to explain how these aliens from

1777

01:22:31,490 --> 01:22:27,930

Planet Ulchi how they exist how they

1778

01:22:35,260 --> 01:22:31,500

their view of logic their view of how

1779

01:22:38,000 --> 01:22:35,270

things happen and I'm trying to use my

1780

01:22:39,410 --> 01:22:38,010

having grown up in a Western culture to

1781

01:22:41,570 --> 01:22:39,420

look at the science and look at the

1782

01:22:43,880 --> 01:22:41,580

medical data and say well you know the

1783

01:22:45,530 --> 01:22:43,890

closest I can get to and come up with

1784

01:22:47,960 --> 01:22:45,540

examples if I give a bunch of

1785

01:22:49,430 --> 01:22:47,970

philosophical abstraction it's not going

1786

01:22:52,500 --> 01:22:49,440

to make any sense it's best to give an

1787

01:22:55,439 --> 01:22:52,510

example so it's me talking about

1788

01:22:56,790 --> 01:22:55,449

REM sleep behavior disorder and this and

1789

01:22:59,339 --> 01:22:56,800

this and this and that that's the

1790

01:23:00,270 --> 01:22:59,349

closest I can get to explaining the

1791

01:23:03,209 --> 01:23:00,280

phenomenon

1792

01:23:05,850 --> 01:23:03,219

nobody has said that anybody in the West

1793

01:23:07,890 --> 01:23:05,860

has ever said that's what it is I'm I'm

1794

01:23:09,870 --> 01:23:07,900

the first person saying everything that

1795

01:23:12,359 --> 01:23:09,880

I know this is this is what it

1796

01:23:14,459 --> 01:23:12,369

correlates to so when if you want to go

1797

01:23:16,050 --> 01:23:14,469

have a shamanic journey I don't know

1798

01:23:18,270 --> 01:23:16,060

they talk about the shamanic state of

1799

01:23:21,120 --> 01:23:18,280

consciousness I think what the hell is

1800

01:23:22,560 --> 01:23:21,130

that that's so vague and I mean it's

1801  
01:23:24,479 --> 01:23:22,570  
like what what do you mean there's no

1802  
01:23:26,939 --> 01:23:24,489  
such thing they're just consciousness

1803  
01:23:29,430 --> 01:23:26,949  
before we run out of time here and I

1804  
01:23:32,250 --> 01:23:29,440  
appreciate all this because it's been

1805  
01:23:34,740 --> 01:23:32,260  
such a great conversation I love how

1806  
01:23:36,780 --> 01:23:34,750  
you're so willing to go all these

1807  
01:23:39,629 --> 01:23:36,790  
different places one of the things you

1808  
01:23:43,550 --> 01:23:39,639  
tease me with in an awesome way because

1809  
01:23:45,750 --> 01:23:43,560  
you know my kinda skeptical vibe is this

1810  
01:23:50,270 --> 01:23:45,760  
understanding that you've come to have

1811  
01:23:56,910 --> 01:23:50,280  
about how shamanism slash neo shamanism

1812  
01:23:58,830 --> 01:23:56,920  
was co-opted in not in a secret shadow

1813  
01:24:02,250 --> 01:23:58,840

government kind of way but in a much

1814

01:24:06,060 --> 01:24:02,260

more understandable kind of huckster

1815

01:24:08,760 --> 01:24:06,070

let's make a buck kind of way do you

1816

01:24:12,510 --> 01:24:08,770

want to talk about any of that in about

1817

01:24:16,050 --> 01:24:12,520

some of your feelings about what's going

1818

01:24:17,640 --> 01:24:16,060

on with shamanism as it's portrayed in

1819

01:24:20,010 --> 01:24:17,650

the West often and how it's been

1820

01:24:22,439 --> 01:24:20,020

commercialized or it may be whether some

1821

01:24:25,950 --> 01:24:22,449

of that maybe is okay and maybe some of

1822

01:24:28,109 --> 01:24:25,960

it is not okay right well I yeah I try

1823

01:24:31,979 --> 01:24:28,119

to you know I would go from being very

1824

01:24:34,169 --> 01:24:31,989

sad to very angry and come to a state of

1825

01:24:36,479 --> 01:24:34,179

just like okay it is what it is there

1826

01:24:39,270 --> 01:24:36,489

you have core shamanism that was that

1827

01:24:40,740 --> 01:24:39,280

was created by Michael Horner and you

1828

01:24:45,240 --> 01:24:40,750

have Carlos Castaneda

1829

01:24:48,359 --> 01:24:45,250

and then you have neo shamanism and all

1830

01:24:51,180 --> 01:24:48,369

these Western interpretations of the art

1831

01:24:55,379 --> 01:24:51,190

and shamanism is not a technique it's an

1832

01:24:58,109 --> 01:24:55,389

art and their ideas about shamanic

1833

01:24:59,640 --> 01:24:58,119

states of consciousness or this this and

1834

01:25:01,200 --> 01:24:59,650

this I don't know where they're coming

1835

01:25:03,419 --> 01:25:01,210

from I don't understand what they're

1836

01:25:04,740 --> 01:25:03,429

talking about because well I think you

1837

01:25:05,580 --> 01:25:04,750

go one step further and you say you

1838

01:25:09,450 --> 01:25:05,590

quest

1839

01:25:11,430 --> 01:25:09,460

whether they've legitimately come up

1840

01:25:13,979 --> 01:25:11,440

with that information or whether they've

1841

01:25:17,189 --> 01:25:13,989

just kind of plagiarized it and borrowed

1842

01:25:19,290 --> 01:25:17,199

it in order to make a buck well I I you

1843

01:25:22,080 --> 01:25:19,300

know I don't know if I would go so far

1844

01:25:25,470 --> 01:25:22,090

maybe to say but I think that I think

1845

01:25:28,560 --> 01:25:25,480

that all these people that are that have

1846

01:25:31,979 --> 01:25:28,570

created it I think from on the most part

1847

01:25:34,260 --> 01:25:31,989

they're very sincere about their studies

1848

01:25:38,790 --> 01:25:34,270

but I you know but you're not going to

1849

01:25:40,560 --> 01:25:38,800

learn a tradition from either running

1850

01:25:42,780 --> 01:25:40,570

around the world and taking bits and

1851

01:25:44,970 --> 01:25:42,790

pieces of unrelated cultures and

1852

01:25:48,330 --> 01:25:44,980

throwing it together and creating a

1853

01:25:50,430 --> 01:25:48,340

technique or coming up with a structure

1854

01:25:52,080 --> 01:25:50,440

that you've read from books I mean I

1855

01:25:54,660 --> 01:25:52,090

can't believe that people are even still

1856

01:25:58,020 --> 01:25:54,670

reading Ely odd I mean everybody should

1857

01:26:00,810 --> 01:25:58,030

have an Ely odd book burning weekend

1858

01:26:04,500 --> 01:26:00,820

people use that as a that's a prime

1859

01:26:06,660 --> 01:26:04,510

source and and that's crazy everything

1860

01:26:08,790 --> 01:26:06,670

is being interpreted from either neo

1861

01:26:12,410 --> 01:26:08,800

shamanism or course shamanism

1862

01:26:15,919 --> 01:26:12,420

from a very Western mechanistic linear

1863

01:26:18,180 --> 01:26:15,929

reductionistic point of view and I

1864

01:26:20,729 --> 01:26:18,190

completely disagree with that

1865

01:26:23,100 --> 01:26:20,739

well let me approach it from another

1866

01:26:27,149 --> 01:26:23,110

direction a shamanism

1867

01:26:30,570 --> 01:26:27,159

in our culture right now probably most

1868

01:26:34,729 --> 01:26:30,580

prominent in the ayahuasca ceremonies in

1869

01:26:38,820 --> 01:26:34,739

Peru the either you know entheogen

1870

01:26:41,220 --> 01:26:38,830

travel community you know get your right

1871

01:26:43,229 --> 01:26:41,230

get your shaman go out in the woods do a

1872

01:26:46,770 --> 01:26:43,239

little ceremony what do you think about

1873

01:26:49,530 --> 01:26:46,780

that what the misuse of a plant plants

1874

01:26:53,129 --> 01:26:49,540

ferrets versus people that really is it

1875

01:26:55,729 --> 01:26:53,139

is it a misuse oh maybe not yeah I don't

1876

01:26:59,280 --> 01:26:55,739

maybe it is maybe it is I mean is that

1877

01:27:02,339 --> 01:26:59,290

genuine shamanism how do you find a real

1878

01:27:05,100 --> 01:27:02,349

shaman how do you know if you should

1879

01:27:08,250 --> 01:27:05,110

enter into the ritual and have that

1880

01:27:11,879 --> 01:27:08,260

experience I mean it can one say that at

1881

01:27:14,570 --> 01:27:11,889

least we're now starting to embrace that

1882

01:27:17,640 --> 01:27:14,580

culture even if it is in this clumsy

1883

01:27:19,750 --> 01:27:17,650

problematic way we're at least engaging

1884

01:27:21,970 --> 01:27:19,760

with a different

1885

01:27:24,879 --> 01:27:21,980

paradigm that says there is this other

1886

01:27:26,680 --> 01:27:24,889

world that we can connect with and are

1887

01:27:28,390 --> 01:27:26,690

connected with whether we want to be or

1888

01:27:30,370 --> 01:27:28,400

not I mean right there are some

1889

01:27:33,310 --> 01:27:30,380

positives right so there's also some

1890

01:27:36,450 --> 01:27:33,320

negatives well you know the old tree

1891

01:27:39,790 --> 01:27:36,460

didn't have mushrooms and other

1892

01:27:41,649 --> 01:27:39,800

hallucinatory plant teachers in their

1893

01:27:45,580 --> 01:27:41,659

area although the trip to people that

1894

01:27:48,790 --> 01:27:45,590

live to the north do but all sorts of

1895

01:27:52,450 --> 01:27:48,800

plants I don't they don't have a problem

1896

01:27:54,189 --> 01:27:52,460

with those the the idea that there are

1897

01:27:56,169 --> 01:27:54,199

plant teachers I mean the old cheese ate

1898

01:28:01,600 --> 01:27:56,179

marijuana every morning for breakfast

1899

01:28:04,450 --> 01:28:01,610

back in I mean that that was that's a

1900

01:28:08,410 --> 01:28:04,460

that's a psychedelic yeah they you know

1901

01:28:09,939 --> 01:28:08,420

they collected a hemp seed marijuana

1902

01:28:13,899 --> 01:28:09,949

seed all the time and I've actually

1903

01:28:17,370 --> 01:28:13,909

tried to discover exactly which strain

1904

01:28:20,470 --> 01:28:17,380

of marijuana grows up there and it's I

1905

01:28:23,709 --> 01:28:20,480

the informations not real clear but it

1906

01:28:25,569 --> 01:28:23,719

is some sort of indica strain but they

1907

01:28:29,740 --> 01:28:25,579

ate that they that every day what about

1908

01:28:32,859 --> 01:28:29,750

back to shamanism as its reimagine in

1909

01:28:35,439 --> 01:28:32,869

our culture the good the bad the ugly my

1910

01:28:38,410 --> 01:28:35,449

my concern with coarse shamanism and neo

1911

01:28:40,959 --> 01:28:38,420

shamanism and the Ulchi had exposure to

1912

01:28:43,390 --> 01:28:40,969

this when the over the years that they

1913

01:28:46,259 --> 01:28:43,400

were here is a lot of what these people

1914

01:28:49,890 --> 01:28:46,269

are doing that it's very dangerous so

1915

01:28:53,859 --> 01:28:49,900

that's the thing that's the aspect of

1916

01:28:56,830 --> 01:28:53,869

made-up shamanism that I that I the

1917

01:28:58,779 --> 01:28:56,840

concerns may dangerous in what way this

1918

01:29:00,040 --> 01:28:58,789

is like we're two hours into this and

1919

01:29:02,379 --> 01:29:00,050

now we've hit on a really important

1920

01:29:04,419 --> 01:29:02,389

point well for example in coarse

1921

01:29:06,310 --> 01:29:04,429

shamanism they have their their

1922

01:29:08,850 --> 01:29:06,320

techniques and then they have this

1923

01:29:13,109 --> 01:29:08,860

drumming at two hundred and forty seven

1924

01:29:17,259 --> 01:29:13,119

beats per minute which is according to

1925

01:29:19,540 --> 01:29:17,269

these people put you in as shamanic

1926

01:29:22,060 --> 01:29:19,550

state of consciousness um whatever and

1927

01:29:25,750 --> 01:29:22,070

at try and you travel there and then at

1928

01:29:29,520 --> 01:29:25,760

the end they have what they call a

1929

01:29:31,899 --> 01:29:29,530

callback where it's an abrupt ending to

1930

01:29:32,939 --> 01:29:31,909

whatever that translate is and when

1931

01:29:36,090 --> 01:29:32,949

people are called

1932

01:29:38,340 --> 01:29:36,100

the old cheese saw that and experienced

1933

01:29:40,800 --> 01:29:38,350

that when they were teaching for the

1934

01:29:43,950 --> 01:29:40,810

shamanic for the foundation for shamanic

1935

01:29:48,020 --> 01:29:43,960

studies one year they saw that happening

1936

01:29:51,630 --> 01:29:48,030

and they were shocked they said that

1937

01:29:54,479 --> 01:29:51,640

that could cause a trauma to the soul

1938

01:29:56,669 --> 01:29:54,489

they thought it was very barbaric and

1939

01:29:59,250 --> 01:29:56,679

those are the terms I will use because I

1940

01:30:01,919 --> 01:29:59,260

have to quote from them and after they

1941

01:30:04,470 --> 01:30:01,929

had that experience they wanted to get

1942

01:30:06,930 --> 01:30:04,480

up and leave and then I had to convince

1943

01:30:09,090 --> 01:30:06,940

them that we had signed a legal contract

1944

01:30:11,640 --> 01:30:09,100

and that we couldn't get up and leave

1945

01:30:15,000 --> 01:30:11,650

for a week and that I it would all come

1946

01:30:17,580 --> 01:30:15,010

back on me and so I'm sorry that you've

1947

01:30:19,800 --> 01:30:17,590

had this experience I'm so sorry and

1948

01:30:22,410 --> 01:30:19,810

they went to address that and later on

1949

01:30:24,840 --> 01:30:22,420

it was a week-long event they went to

1950

01:30:28,950 --> 01:30:24,850

address that with the people that they

1951

01:30:31,290 --> 01:30:28,960

saw see so that again like we're

1952

01:30:34,260 --> 01:30:31,300

connected in that way Jan you and I in

1953

01:30:36,150 --> 01:30:34,270

terms of understanding the mechanics of

1954

01:30:38,280 --> 01:30:36,160

it because now we're getting into a very

1955

01:30:40,110 --> 01:30:38,290

much of a value judgment hey there's a

1956

01:30:42,570 --> 01:30:40,120

right way to do it there's a wrong way

1957

01:30:44,580 --> 01:30:42,580

to do it or if you like there's a more

1958

01:30:46,890 --> 01:30:44,590

effective way to do it a more elegant

1959

01:30:49,500 --> 01:30:46,900

way to do it and a less elegant way to

1960

01:30:51,000 --> 01:30:49,510

do it well what is that saying and then

1961

01:30:52,890 --> 01:30:51,010

let me tie that back to something you

1962

01:30:54,990 --> 01:30:52,900

were saying earlier about the hierarchy

1963

01:30:57,600 --> 01:30:55,000

of consciousness another one of my kind

1964

01:30:59,250 --> 01:30:57,610

of key things well there's these souls

1965

01:31:01,709 --> 01:30:59,260

who are on this level but then there's

1966

01:31:04,740 --> 01:31:01,719

souls who were on another level I mean

1967

01:31:08,550 --> 01:31:04,750

these are all little hints to mapping

1968

01:31:11,040 --> 01:31:08,560

out this territory this topology in a

1969

01:31:12,900 --> 01:31:11,050

way that that then again contradicts

1970

01:31:16,050 --> 01:31:12,910

with I mean if none of it matters then

1971

01:31:18,390 --> 01:31:16,060

who cares if you leave your enter in the

1972

01:31:20,760 --> 01:31:18,400

astral body this way and enter back into

1973

01:31:22,140 --> 01:31:20,770

it that way who cares whatever you want

1974

01:31:23,820 --> 01:31:22,150

to do but then they say well hey I

1975

01:31:26,180 --> 01:31:23,830

really wouldn't recommend doing it that

1976

01:31:28,860 --> 01:31:26,190

way or what do they say about evil

1977

01:31:31,200 --> 01:31:28,870

spirits or malevolent spirits I mean

1978

01:31:33,150 --> 01:31:31,210

these are all different areas we could

1979

01:31:33,479 --> 01:31:33,160

get into but it it kind of contradicts

1980

01:31:35,850 --> 01:31:33,489

that

1981

01:31:37,979 --> 01:31:35,860

Taoism it's all going to be okay it

1982

01:31:41,580 --> 01:31:37,989

doesn't matter anyway kind of well no

1983

01:31:44,950 --> 01:31:41,590

Taoism is not a passive philosophy at

1984

01:31:47,530 --> 01:31:44,960

all or paddling way of life it's in yeah

1985

01:31:49,690 --> 01:31:47,540

you can get into that state of saying

1986

01:31:51,970 --> 01:31:49,700

well it doesn't it doesn't really matter

1987

01:31:52,930 --> 01:31:51,980

in the bigger scheme of things and maybe

1988

01:31:55,270 --> 01:31:52,940

that's true

1989

01:31:58,930 --> 01:31:55,280

maybe that's absolutely true Alex but at

1990

01:32:01,060 --> 01:31:58,940

the same time you don't want to say oh

1991

01:32:03,760 --> 01:32:01,070

I'm going to show you how to shoot a gun

1992

01:32:07,060 --> 01:32:03,770

and then you load the gun and then you

1993

01:32:09,100 --> 01:32:07,070

give it a very ignorant person that

1994

01:32:11,680 --> 01:32:09,110

doesn't know anything and you have and

1995

01:32:13,720 --> 01:32:11,690

you say okay here put put them put the

1996

01:32:16,450 --> 01:32:13,730

the nose of the gun towards you and pull

1997

01:32:19,810 --> 01:32:16,460

the trigger there is a responsibility on

1998

01:32:21,910 --> 01:32:19,820

the part of any teacher I mean I I can

1999

01:32:24,310 --> 01:32:21,920

get into that I mean I can get into you

2000

01:32:26,250 --> 01:32:24,320

know is it the it's a somebody that's

2001

01:32:28,630 --> 01:32:26,260

teaching something if they don't know

2002

01:32:31,390 --> 01:32:28,640

specifically what they're doing they

2003

01:32:33,940 --> 01:32:31,400

could cause more harm than good

2004

01:32:36,120 --> 01:32:33,950

Jan again you've written this awesome

2005

01:32:39,370 --> 01:32:36,130

book spirits from the edge of the world

2006

01:32:43,240 --> 01:32:39,380

where do you go from here in terms of

2007

01:32:45,130 --> 01:32:43,250

your work and your investigation and

2008

01:32:47,500 --> 01:32:45,140

ongoing relationship with the ultra

2009

01:32:49,900 --> 01:32:47,510

people well since all of the shamans

2010

01:32:56,100 --> 01:32:49,910

have gone on to where were they've gone

2011

01:33:02,229 --> 01:32:56,110

on to I've got 25 years of all of the

2012

01:33:07,510 --> 01:33:02,239

the healing work that my main teacher

2013

01:33:10,540 --> 01:33:07,520

grandmother Nadia Devon did with people

2014

01:33:13,470 --> 01:33:10,550

here in the West so I've got three four

2015

01:33:19,060 --> 01:33:13,480

four hundred and fifty five hundred

2016

01:33:20,709 --> 01:33:19,070

hours of information all of her healing

2017

01:33:22,720 --> 01:33:20,719

work with all of our different clients

2018

01:33:24,640 --> 01:33:22,730

and what I'm going to do right now it

2019

01:33:26,979 --> 01:33:24,650

what I'm doing with that is translating

2020

01:33:30,900 --> 01:33:26,989

it and I'm gonna put together some sort

2021

01:33:34,750 --> 01:33:30,910

of quantitative study of the actual

2022

01:33:36,280 --> 01:33:34,760

healing process and what the core lips

2023

01:33:38,950 --> 01:33:36,290

were I haven't come up with all the

2024

01:33:42,280 --> 01:33:38,960

criteria for that yet but I'm gonna

2025

01:33:44,550 --> 01:33:42,290

translate all of that and so that's

2026

01:33:47,680 --> 01:33:44,560

that's my next big research project

2027

01:33:49,750 --> 01:33:47,690

awesome well it's been great like I said

2028

01:33:51,490 --> 01:33:49,760

I really appreciate your willingness to

2029

01:33:53,830 --> 01:33:51,500

kind of go all these different

2030

01:33:57,220 --> 01:33:53,840

directions right you know and I

2031

01:33:58,510 --> 01:33:57,230

apologize it's times we were you were

2032

01:34:01,690 --> 01:33:58,520

here and I was here and

2033

01:34:03,820 --> 01:34:01,700

oh no no no please I again I that most

2034

01:34:05,800 --> 01:34:03,830

people don't wind up feeling kind of

2035

01:34:07,690 --> 01:34:05,810

uncomfortable with that and you were

2036

01:34:11,230 --> 01:34:07,700

there with me every step of the way and

2037

01:34:13,720 --> 01:34:11,240

I think we got to a lot of the the stuff

2038

01:34:16,150 --> 01:34:13,730

that really will compel people to want

2039

01:34:17,610 --> 01:34:16,160

to go out and get this book and check

2040

01:34:23,050 --> 01:34:17,620

out your website because they should

2041

01:34:24,670 --> 01:34:23,060

this deep dive is so important in terms

2042

01:34:28,330 --> 01:34:24,680

of I'm talking to someone who really

2043

01:34:32,260 --> 01:34:28,340

knows [h\_\_\h] that other people don't know

2044

01:34:34,270 --> 01:34:32,270

and I that I think is is always such a

2045

01:34:36,550 --> 01:34:34,280

big plus for me because like you said

2046

01:34:40,930 --> 01:34:36,560

people to just have compiled a bunch of

2047

01:34:44,020 --> 01:34:40,940

stuff isn't as rich as somebody who says

2048

01:34:45,760 --> 01:34:44,030

hey I've really I've really dug into it

2049

01:34:48,070 --> 01:34:45,770

you know that amount of time you spend

2050

01:34:51,910 --> 01:34:48,080

on it is just incredible well I I think

2051

01:34:55,630 --> 01:34:51,920

very much like you Alex we're we're

2052

01:34:58,570 --> 01:34:55,640

seeking the truth as much as we can get

2053

01:35:01,540 --> 01:34:58,580

to it and that the only way and you as

2054

01:35:04,480 --> 01:35:01,550

well to really do you can't go anywhere

2055

01:35:07,060 --> 01:35:04,490

and really come up with enough with with

2056

01:35:09,910 --> 01:35:07,070

any real information without the

2057

01:35:13,810 --> 01:35:09,920

in-depth research most people have

2058

01:35:17,650 --> 01:35:13,820

information a mile long and one a one

2059

01:35:19,840 --> 01:35:17,660

inch deep right and so you know you've

2060

01:35:21,640 --> 01:35:19,850

got to go deep you've got to go deep to

2061

01:35:24,220 --> 01:35:21,650

get all the possible variables but

2062

01:35:25,960 --> 01:35:24,230

variables but then again Alex I don't

2063

01:35:27,400 --> 01:35:25,970

know when you get all that can you I

2064

01:35:29,530 --> 01:35:27,410

don't know if you could ever take all

2065

01:35:31,350 --> 01:35:29,540

the possible variables into

2066

01:35:34,120 --> 01:35:31,360

consideration when you go to make a

2067

01:35:35,560 --> 01:35:34,130

hypothesis or theory about of course not

2068

01:35:38,230 --> 01:35:35,570

of course not it's just a different kind

2069

01:35:43,090 --> 01:35:38,240

of conversation and that's what you've

2070

01:35:45,340 --> 01:35:43,100

treated us to today Jan so again I thank

2071

01:35:48,550 --> 01:35:45,350

you so much for doing it our guest has

2072

01:35:51,700 --> 01:35:48,560

been Jan and Isis teen and the book one

2073

01:35:52,450 --> 01:35:51,710

more time is spirits from the edge of

2074

01:35:55,360 --> 01:35:52,460

the world

2075

01:35:58,570 --> 01:35:55,370

Jan thanks so much you're the best

2076

01:36:01,000 --> 01:35:58,580

I thank you so very much it it has made

2077

01:36:04,120 --> 01:36:01,010

my year to be on your broadcast so I

2078

01:36:04,900 --> 01:36:04,130

thank you so so very much you're way way

2079

01:36:10,210 --> 01:36:04,910

too kind

2080

01:36:10,770 --> 01:36:10,220

oh thanks again to Jan for joining me

2081

01:36:14,190 --> 01:36:10,780

today

2082

01:36:17,700 --> 01:36:14,200

skeptic oh the question I'd ask you is

2083

01:36:22,080 --> 01:36:17,710

the question I asked Jan where is your

2084

01:36:24,420 --> 01:36:22,090

[h\_\_\h] iPhone more broadly what is the

2085

01:36:28,140 --> 01:36:24,430

connection between extended

2086

01:36:35,790 --> 01:36:28,150

consciousness and technology in all

2087

01:36:39,930 --> 01:36:35,800

forms including ET and de OBE and any

2088

01:36:42,870 --> 01:36:39,940

other three-letter acronym you can come

2089

01:36:44,910 --> 01:36:42,880

up with this is a deep dive this is the

2090

01:36:48,180 --> 01:36:44,920

kind of stuff that still gets my

2091

01:36:51,690 --> 01:36:48,190

skeptical juices flowing and I hope it

2092

01:36:54,630 --> 01:36:51,700

does yours to join me in this dialogue

2093

01:36:57,660 --> 01:36:54,640

come visit me on sceptical calm engage

2094

01:37:00,000 --> 01:36:57,670

with the material and let me know how

2095

01:37:02,390 --> 01:37:00,010

you're doing how you're thinking and how

2096

01:37:04,740 --> 01:37:02,400

you're handling these tough questions

2097

01:37:06,870 --> 01:37:04,750

while you're there check out all the

2098

01:37:08,490 --> 01:37:06,880

previous episodes of skeptic Oh take

2099

01:37:11,850 --> 01:37:08,500

them all use them how you like they're

2100

01:37:13,710 --> 01:37:11,860

all available there for free and then of

2101  
01:37:16,470 --> 01:37:13,720  
course stay with me for future shows

2102  
01:37:20,280 --> 01:37:16,480  
many of them coming up but until then

2103  
01:37:35,200 --> 01:37:20,290  
take care and bye for now

2104  
01:37:39,860 --> 01:37:37,970  
so thanks for watching this video if it

2105  
01:37:42,439 --> 01:37:39,870  
wasn't really a video but just an audio

2106  
01:37:44,030 --> 01:37:42,449  
stored as a video well I apologize but

2107  
01:37:45,950 --> 01:37:44,040  
there's more videos out there as well

2108  
01:37:47,780 --> 01:37:45,960  
but please check out the skeptic Oh

2109  
01:37:49,160 --> 01:37:47,790  
website you can see it here we cover a

2110  
01:37:51,979 --> 01:37:49,170  
lot of different stuff you might be

2111  
01:37:55,310 --> 01:37:51,989  
interested in relating to controversial

2112  
01:37:58,010 --> 01:37:55,320  
science and spirituality a lot of shows

2113  
01:38:00,860 --> 01:37:58,020

up there over 350 of them are so all

2114

01:38:03,170 --> 01:38:00,870

free all available for downloads so do